



Highland Rivers
Behavioral Health

FY2023

ANNUAL REPORT

There's a place for you
at Highland Rivers!



www.highlandrivers.org



Highland Rivers Behavioral Health

From our CEO, Melanie Dallas, LPC



To our community stakeholders, partners and team members:

The 2023 fiscal year - July 1, 2022 to June 30, 2023 - was a year of continued change, growth and accomplishment for our agency. Building upon the consolidations of the previous year - adding both Haralson County Behavioral Health Services and Cobb County Community Services Board to our agency in 2022 - Highland Rivers Behavioral Health focused on cohesion and innovation, impacting our community not only through the delivery of services at our facilities, but through partnerships that extend the reach and hope of recovery throughout our communities.

Again, similar to last year, we are interested in identifying ways in which a Community Service Board such as Highland Rivers Behavioral Health interacts with and impacts its communities. The first section of this report contains profiles of all 13 of our counties and our service area as a whole. These profiles represent an innovative perspective about the connection between Highland Rivers Behavioral Health and the communities we serve - and how we target and tailor our service offerings to the specific needs of our counties, communities and population. Finally, leveraging our partnership with Findhelp, one of the nation's largest social care platforms, we have included county-level data about the most pressing challenges facing the population we are most likely to serve.

Following these profiles, we have included program highlights, finances and recovery stories as we always have, including pages about the grants and partnerships that have allowed us to extend our reach in unprecedented ways. The final section of this report contains our service line brochures, reformatted as one-page fact sheets, with information about crisis services, outpatient services, programs for individuals with disabilities, youth services, and much more. Taken as a whole, this report is our reaffirmation of the future of behavioral health in Georgia and our leadership role in it.

Highland Rivers Behavioral Health remains one of Georgia's largest safety-net providers of behavioral health services - treatment, recovery and support services for individuals with mental illness, substance use disorders, and intellectual and developmental disabilities. Now with close to 1000 employees serving a 13-county, 4,700-square mile area of northwest Georgia, Highland Rivers provides a continuum of behavioral health services and supports. We meet people where they are, figuratively but also literally - in clinics, in the community, in jails, homeless shelters and hospital emergency departments, among others - to remind them they are valuable, there is hope, and that recovery is always possible.

Each year, we ask staff to send us a list of significant accomplishments we have realized in the previous fiscal year. For FY23, we had a list of over 300 accomplishments submitted by our team. Each one of them are amazing, and speak to the hard work, dedication and embodiment of our values. On the next page, I would like to share with you just a few that our staff brought forward in this 13+-page document.





From our CEO, Melanie Dallas, LPC

- Fourteen staff have been certified across five different evidenced-based-practices to support justice-involved and accountability court programs
- Highland Rivers opened a dedicated youth services clinic in Floyd County
- We are now serving 54 schools with the Georgia APEX school-based behavioral health program
- Highland Rivers Hired over 300 new staff throughout the year
- We have expanded critical co-responder programs to additional counties across our region
- The agency provided housing vouchers for 272 individuals in need of housing
- We restructured the Behavioral Health Crisis Center (BHCC) in Cobb County to include case management and peer support across the temporary observation, crisis service center and crisis stabilization services
- Program leaders created a more supportive team structure for the developmental disabilities program; each team now has the same caseload with a developmental disability professional/case manager, an RN, LPN and support tech
- In our women's outreach program, 100% of babies were born drug free
- We completed nearly 1,000 assessments in local emergency departments with a diversion of 50% of those individuals into community-based, supportive services, helping them to avoid unnecessary hospitalization
- Highland Rivers operationalized the SSG Fox Veterans Suicide Prevention Grant, deploying a community-based veteran response team and providing support for close to 200 veterans referred to the program
- Our human resources department developed a new supervisor training program
- We began work on a data warehouse which will be able to house critical data across several different platforms
- One of the most critical measures in which I find encouragement is to hear how our Community Support Team assisted an individual with a history of more than 100 hospital admissions to live in the community with no crisis hospitalizations throughout the year. That is at the heart of who we are, why we are here, and why we focus on fostering hope, empowering change and enhancing the quality of all lives.

As always, nothing we do would be possible without the amazing commitment, passion and dedication of our Highland Rivers Behavioral Health team. Recovery is the heart of our agency, and our team exemplifies that each and every day. It is my pleasure to present Highland Rivers Behavioral Health's Fiscal Year 2023 annual community report.

A handwritten signature in black ink, appearing to read "Melanie Dallas".

Melanie Dallas, LPC
Chief Executive Officer





Highland Rivers Behavioral Health

FY 2023 Governing Board



GOVERNING BOARD

Highland Rivers Behavioral Health is governed by a board that includes a representative from every county in the agency's service area. They are appointed by county leadership, primarily by each county's respective Board of Commissioners.

Highland Rivers Behavioral Health's board meets every other month (six times each year). As a quasi-governmental state agency, we are subject to Open Meetings and all Governing board meetings are open to the public and announced in advance.

On board meeting days, the compliance and finance committees meet at 9:30 a.m., and the full governing board meets beginning at 10:30 a.m.

Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.



To visit our website, scan the QR code or go to www.highlandrivers.org



<p>Chris Mosley, Chair Chair CEO Piedmont Cartersville Medical Center Bartow County</p>	<p>Dr. Carol Holtz Vice Chair Kennesaw State University, Retired Cobb County</p>	<p>Keith Ledford Treasurer Clear Creek Guide, Inc. Fannin County</p>
<p>Steve Grimsley Secretary Paulding County Deputy Clerk Paulding County</p>	<p>Lane Bennett Detective Gordon County Sheriff's Office Gordon County</p>	<p>Thomas Brown Behavioral Health Advocate Whitfield County</p>
<p>Randal Crider Public Safety Director Cobb County Government Cobb County</p>	<p>Mary Ghorley Director of Risk Management Piedmont Mountanside Hospital Pickens County</p>	<p>Vacant Murray County</p>
<p>Leland Johnson Behavioral Health Advocate Gilmer County</p>	<p>Larry Maxey Commissioner Floyd County Board of Commissioners Floyd County</p>	<p>Michael McElveen Assistant Dean of Student Wellness Berry College Floyd County</p>
<p>Chinwe Okoronkwo Chargemaster Analyst Senior Northside Hospital Cobb County</p>	<p>Pete Quinones President & CEO MetroAtlanta Ambulance Service Cobb County</p>	<p>Tonya Riddick Executive Director, FREEDOM Tax & Financial Services Executive Director Smile Up Charitable Foundation Cherokee County</p>
<p>Scotty Tillery Commissioner (Until June 2023) Polk County</p>	<p>Karen Sparks Behavioral Health Advocate Haralson County</p>	<p>Connor Hooper Assistant County Manager (Began term June 2023) Polk County</p>



Highland Rivers Behavioral Health

FY 2023 EXECUTIVE LEADERSHIP



LEADERSHIP AGREEMENTS

We value:

- Congruency over conformity
- Authenticity over perfection
- Adaptability and inquisitiveness over methodology
- Expertise and self-reflection over opinions and behaviors driven by resistance
- Accountability over entitlement

We believe:

- Employees are our first stakeholders
- In treating people beautifully
- In redefining success as the opportunity for service, expressed as passion, experienced as fulfillment
- In conscious leadership and a conscious workplace characterized by self-awareness, wellness and personal development
- We experience success when we work well together

We agree to:

- Create an environment where we can be courageously vulnerable
- Encourage the wholeness and fulfillment of all team members
- Measure our success by the way we touch peoples' lives
- Be fully present, listen empathically and respond compassionately
- Regularly engage in self-reflection and stay fully engaged - even when it is uncomfortable
- Communicate succinctly with clarity, respect and kindness
- Practice mental and emotional agility
- Embrace change and stay ready

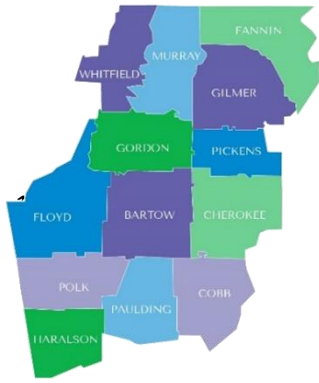
<p>Melanie Dallas Chair Executive Officer</p>	<p>Francisca MgBodile, MD Chief Medical Officer</p>	<p>Dena Payne Chief Operating Officer</p>
<p>Stephanie Bishop, LCSW CHC Chief Compliance Officer</p>	<p>Marla Flynn, CPA Chief Financial Officer</p>	<p>Albert Chan Vice President of Finance</p>
<p>Erica Collins, MBA Vice President of Human Resources</p>	<p>Michelle Hamm, PsyD. Vice President of Substance Use & Clinical Innovation</p>	<p>Cheryl Lewis, LPC Vice President of Mental Health Services</p>
<p>Rodney Moore, LMHC Vice President of New Market Development</p>	<p>Kathleen Varda, MSW Vice President of Community Relations & Development</p>	<p>Jamie Allison Director of Quality Improvement</p>
<p>Michael Mullet Community Relations Director</p>	<p>Sherry McGee, PhD Foundation Relations Director</p>	<p>Melissa O'Brien Director of Marketing</p>
<p>Melissa Stone Executive Coordinator and Board Liason</p>		



Highland Rivers
Behavioral Health

FY 2023 ANNUAL REPORT

COUNTY PROFILES



Highland Rivers
Behavioral Health

COMMUNITY PROFILE

AGENCY SERVICE AREA

FAST FACTS PROFILE

13-county population 2022	1,797,886
Projected 2030	1,895,354
Projected 2040	2,098,117
Projected 2050	2,302,653

% of Georgia population within HRBH service area ~17%*

*HRBH is projected to retain ~17% of Georgia's population through 2060 with a growth rate of approximately 30%

Est. HRBH FY24 budget	\$75,697,140
State investment (approx.)	\$44,661,313
Total annual allocation from counties served	\$732,857
HRBH direct jobs in counties served	1,026

Payor mix

DBHDD funding	54%
Medicaid IDD waver	10%
Grants/other contracts	24%
Traditional Medicaid	4%
CMOs	4%
Medicare	1%
Client fees	1%
Other	2%

Individuals served (FY23)	16,747
Total services provided	285,365
Veterans within service area (2017-2021)	93,944
Veterans served (FY23)	461
Total services provided to veterans	5,622
Investment in services to veterans	\$303,857
% veteran services paid by state contract	62%

Behavioral Health Conditions

Cases calculated by applying SAMHSA national prevalence estimates for adults for Any Mental Illness (AMI), Serious Mental Illness (SMI), and Substance Use Disorder (SUD) to the population of the HRBH 13-county service area.

Any Mental Illness (21%)	377,556
Serious Mental Illness (5.6%)	100,681
Substance Use Disorder (14.5%)	260,693

Overall Agency Footprint

HRBH programs/facilities in service area:

- 13 Outpatient clinics
- 6 Adult Peer Programs
- 1 Psychosocial Rehab Program
- 4 Crisis stabilization units (one is BHCC) total 98 crisis beds
- 3 Adult residential substance use treatment facilities
- 1 Youth residential substance use treatment facility
- 10 Substance Abuse Intensive Outpatient Programs (SAIOP)
- 3 Youth clubhouses
- 4 IDD day program facilities
- 1 Specialty services facility
- 7 Community crisis-level programs (ACT, ICM, CST, HUM)
- 1 Veteran community response program (serving 2 counties)
- 4 Crisis co-response programs (with local law enforcement)
- 3 Transitional housing programs
- 2 Transitional residential facilities (ITR etc.)
- 2 Crisis respite programs (1 enhanced)
- 46 IDD Host Homes
- 5 IDD Group Homes (1 run by HRBH)
- 200 Housing Voucher slots (approx.)
- 45 Supported employment slots
- 1 Jail services contracts (Paulding County)
- 12 Accountability Court programs
- 54 APEX schools-based programs (in 10 counties)
- 1 MAT program

Highland Rivers Behavioral Health (HRBH) provides comprehensive treatment, recovery and support services for individuals with mental illness, substance use disorders, and intellectual and developmental disabilities.

One of Georgia's largest public safety-net providers, the agency serves individuals who are low-income, uninsured, underinsured or who have Medicaid or Medicare - individuals who otherwise may not have access to critical behavioral health services - including adults, youth, families and veterans.

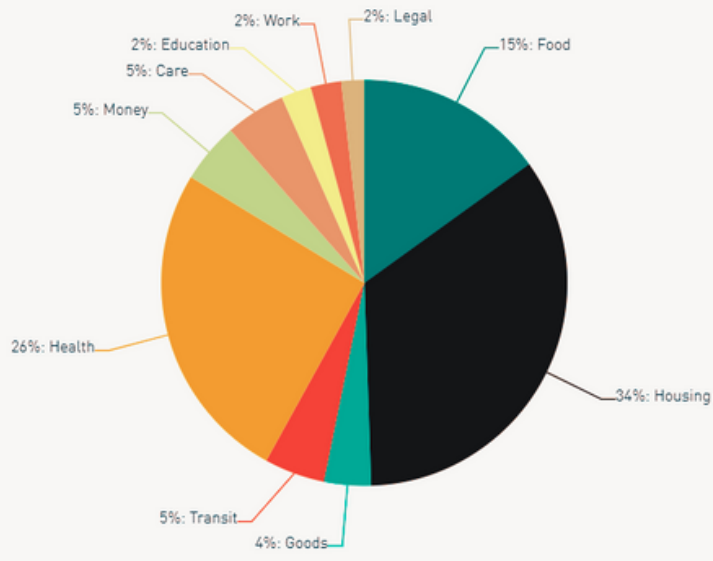
Highland Rivers serves a 13-county region of northwest Georgia that is approximately 4,700 square miles (including Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties), and one of the fastest-growing regions in Georgia - with a diverse population in urban, suburban and rural communities.

For more information, visit <http://highlandrivers.org>



Highland Rivers Behavioral Health

① Searches by Category | 2022-07-01 to 2023-06-30



② Most Common Search Terms | 2022-07-01 to 2023-06-30

TERM	DOMAIN	SEARCHES
help find housing	housing	227
food pantry	food	183
help pay for housing	housing	172
temporary shelter	housing	135
housing vouchers	housing	133
emergency food	food	115
food delivery	food	107
residential treatment	health	102
dental care	health	100
long-term housing	housing	85
outpatient treatment	health	70
help pay for car	money	68
help pay for utilities	housing	68
job placement	work	62
bus passes	transit	53



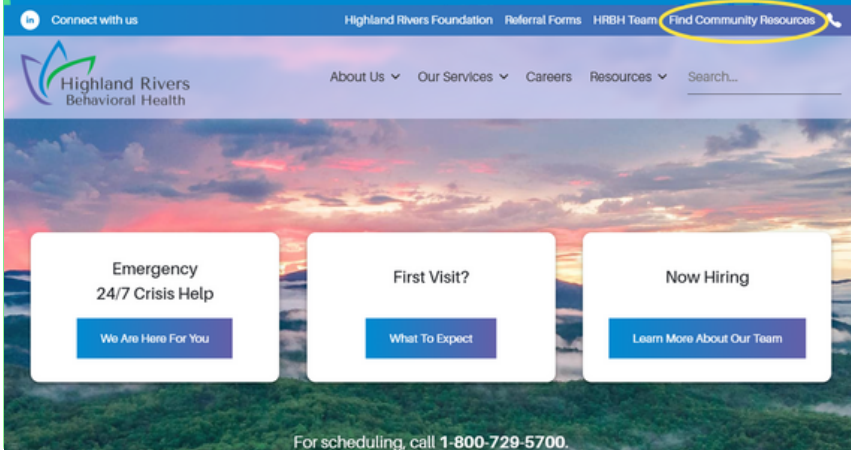
In fall 2022, Highland Rivers Behavioral Health began an innovative new partnership with Findhelp to make it easier for individuals served by the agency to connect with other local resources they may need. As one of the largest nationwide social care platforms, Findhelp allows users to search by zip code for local services and resources across 10 broad categories that include healthcare, housing, employment, food, legal help and more. Highland Rivers' Findhelp site that can be used by anyone seeking to identify local social help resources using the QR code below. Highland Rivers has also added a link to its Findhelp page on the agency website homepage called "Find Community Resources" (circled in yellow on homepage image below left).



One of the most valuable features of the Findhelp partnership is Highland Rivers' ability to track searches made on its page by time period, category and zip code. In other words, we can see in nearly real time the most pressing needs and challenges facing the communities we serve - especially among segments of the population that are likely consistent with the population Highland Rivers serves.

According to our site analytics, there were 6,821 searches on the Highland Rivers site during the 2023 fiscal year (July 1, 2022 to June 30, 2023). As shown on the charts at left, during those 12 months the most commonly searched categories were housing, healthcare and food. The three most frequent searches related to housing were for help finding housing, help for paying for housing, and temporary shelter.

Toward that end, on the following pages of county profiles, we have included Findhelp search data for each county - a pie chart that shows the most common search terms for each, and by extension, the most common needs in each county. These insights are invaluable to our agency, helping us be aware of other life challenges those we serve might be facing, as well as to identify key community partnerships we can foster in order to ensure our individuals are able to access additional resources they might need in their community.



Connect with us: Highland Rivers Foundation, Referral Forms, HRBH Team, **Find Community Resources**

Highland Rivers Behavioral Health

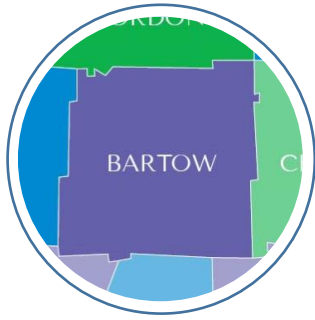
About Us | Our Services | Careers | Resources | Search...

Emergency 24/7 Crisis Help: We Are Here For You

First Visit?: What To Expect

Now Hiring: Learn More About Our Team

For scheduling, call 1-800-729-5700.



Highland Rivers
Behavioral Health

COMMUNITY PROFILE

BARTOW COUNTY

DEMOGRAPHIC PROFILE

Population 2022	112,816
Projected 2030	118,274
Projected 2040	125,461
Projected 2050	131,085

Ages 5 and under	5.9%
6-17	23.1%
18-64	56.0%
65+	15.0%

Male	49.6%
Female	50.4%

White	84.1%
Black/African American	11.6%
Native American	0.6%
Asian	1.2%
Pacific Islander	0.1%
Two or more races	2.3%
Hispanic/Latino	10.4%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	5,998
Veterans	5.3%

Median income	\$65,559
Poverty	11.6%
Uninsured, under age 65	17.1%
Medicaid enrollment	10,943
Medicaid percentage	9.4%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	16,820
SMI (5.6%)	4,485
SUD (14.5%)	11,614

Children ages 6-17

AMI (16.5%)	4,299
SED (10%)	2,606

SERVICES AND VALUE - Bartow County

HRBH facilities in county: 2

Outpatient clinic

Youth resiliency clubhouse (The ROC)/youth outpatient clinic (co-located)

HRBH staff/direct jobs in Bartow County: 30

Annual allocation from county: \$60,688

Bartow County residents served by HRBH (FY23): 1,523

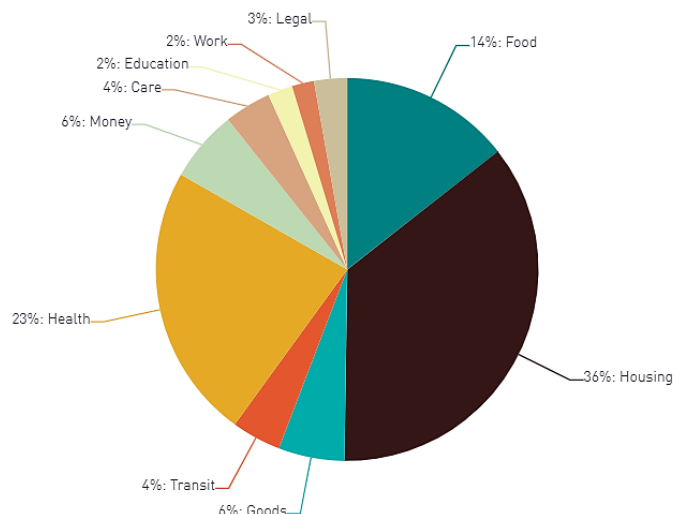
of services delivered to Bartow County residents: 19,872

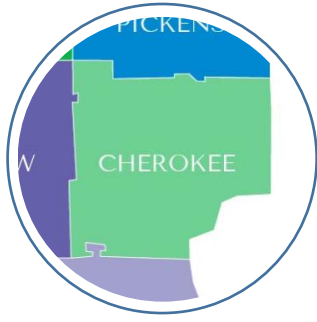
Value of services to Bartow County residents: \$1,214,398

HRBH services provided in Bartow County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Community Support Services (adult; youth)
- Addictive Disease Support Services
- Assertive Community Treatment
- Peer Support Services
- Substance Abuse Intensive Outpatient Program (SAIOP)
- Intensive Case Management
- Residential Recovery Services
- Supported Employment
- Youth mental health resiliency clubhouse
- Suicide prevention, education and post-vention

Total Findhelp searches in Bartow County FY23: 648





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

CHEROKEE COUNTY

DEMOGRAPHIC PROFILE

Population 2022	281,278
Projected 2030	331,014
Projected 2040	406,740
Projected 2050	494,713

Ages 5 and under	5.3%
6-17	22.5%
18-64	56.1%
65+	16.1%

Male	49.6%
Female	50.4%

White	86.2%
Black/African American	8.3%
Native American	0.6%
Asian	2.6%
Pacific Islander	0.1%
Two or more races	2.3%
Hispanic/Latino	11.5%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	14,854
Veterans	5.2%

Median income	\$90,681
Poverty	7.0%
Uninsured, under age 65	12.6%
Medicaid enrollment	23,011
Medicaid percentage	8.1%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	42,017
SMI (5.6%)	11,204
SUD (14.5%)	29,011

Children ages 6-17

AMI (16.5%)	10,442
SED (10%)	6,328

SERVICES AND VALUE - Cherokee County

HRBH facilities in county: 1

Outpatient clinic

HRBH staff/direct jobs in Cherokee County: 21

Annual allocation from county: \$0

Cherokee County residents served by HRBH (FY23): 1,808

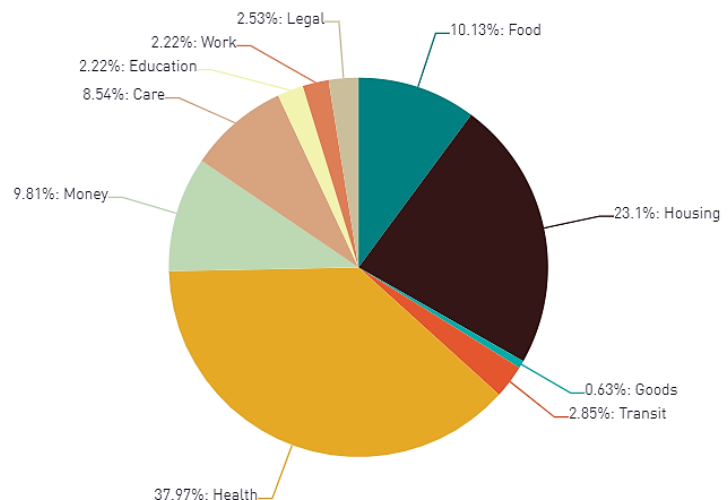
of services delivered to Cherokee County residents: 20,594

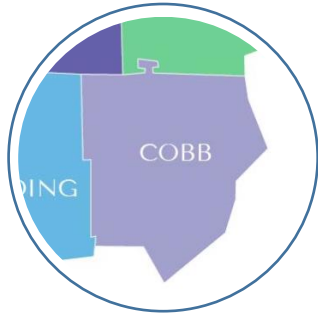
Value of services to Cherokee County residents: \$1,146,021

HRBH services provided in Cherokee County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Substance Abuse Intensive Outpatient Program (SAIOP)
- Community Support Services (adult; youth)
- Addictive Disease Support Services
- Residential Recovery Services
- Supported Employment
- APEX school-based services
- Suicide prevention, education and post-vention
- Assertive Community Treatment (ACT)
- Intensive Case Management (ICM)
- Community crisis co-response (with Cherokee Sheriff's Office)
- Veteran response team
- Veterans counseling groups

Total Findhelp searches in Cherokee County FY23: 667





Highland Rivers
Behavioral Health

COMMUNITY PROFILE COBB COUNTY

DEMOGRAPHIC PROFILE

Population 2022	771,952
Projected 2030	863,236
Projected 2040	930,413
Projected 2050	984,089

Ages 5 and under	5.5%
6-17	22.2%
18-64	58.4%
65+	13.9%

Male	49.8%
Female	51.2%

White	61.2%
Black/African American	29.5%
Native American	0.5%
Asian	5.8%
Pacific Islander	0.1%
Two or more races	2.8%
Hispanic/Latino	13.8%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	39,732
Veterans	5.1%

Median income	\$86,013
Poverty	9.6%
Uninsured, under age 65	13.3%
Medicaid enrollment	54,530
Medicaid percentage	7%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	117,205
SMI (5.6%)	31,254
SUD (14.5%)	80,927

Children ages 6-17

AMI (16.5%)	28,276
SED (10%)	17,137

SERVICES AND VALUE - Cobb County

HRBH facilities in county: 7

Adult outpatient clinic; youth outpatient clinic and youth resiliency clubhouse (co-located with administrative offices); Behavioral Health Crisis Center; specialty services facility; IDD Day Program facility; youth residential substance use treatment facility; women's residential substance use treatment

HRBH staff/direct jobs in Cobb County: 194

Annual allocation from county: \$440,710

Cobb County residents served by HRBH (FY23): 3,123

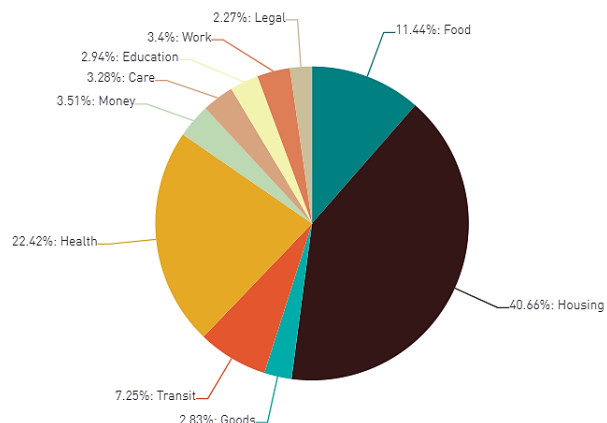
of services delivered to Cobb County residents: 55,330

Value of services to Cobb County residents: \$2,974,866

HRBH services provided in Cobb County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Behavioral health crisis stabilization
- Community crisis co-response (PATH Team - with CCPD)
- Assertive Community Treatment; Intensive Case Management
- Community Support Services (adults; youth); Addictive Disease Supp. Svcs.
- Intensive Recovery Treatment Housing (New Start)
- Peer Support Services
- Women's residential substance use treatment (Mothers Making a Change)
- Youth residential substance use treatment (George W. Hartmann Center)
- APEX school-based services
- Psychosocial rehabilitation group
- Youth mental health resiliency clubhouse (Bright Changes Clubhouse)
- Mental health treatment court provider
- IDD Day program and Family Support Services
- Suicide prevention, education and post-vention

Total Findhelp searches in Cobb County FY23: 1,546





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

FANNIN COUNTY

DEMOGRAPHIC PROFILE

Population 2022	25,737
Projected 2030	24,348
Projected 2040	23,655
Projected 2050	22,951

Ages 5 and under	3.6%
6-17	15.2%
18-64	49.7%
65+	31.5%

Male	49.4%
Female	50.6%

White	96.0%
Black/African American	1.1%
Native American	0.5%
Asian	0.7%
Pacific Islander	0.1%
Two or more races	1.6%
Hispanic/Latino	3.1%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	2,237
Veterans	8.7%

Median income	\$49,810
Poverty	13.2%
Uninsured, under age 65	18.3%
Medicaid enrollment	3,835
Medicaid percentage	15%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	4,388
SMI (5.6%)	1,170
SUD (14.5%)	3,030

Children ages 6-17

AMI (16.5%)	645
SED (10%)	391

SERVICES AND VALUE - Fannin County

HRBH facilities in county: 0

There is currently no HRBH facility in Fannin County. Highland Rivers provides community-based services in the county, and Fannin residents can access outpatient services at Highland Rivers' clinic in Gilmer County.

HRBH staff/direct jobs in Fannin County: N/A
Annual allocation from county: \$0

Fannin County residents served by HRBH (FY23): 180
of services delivered to Fannin County residents: 3,893
Value of services to Fannin County residents: \$405,178

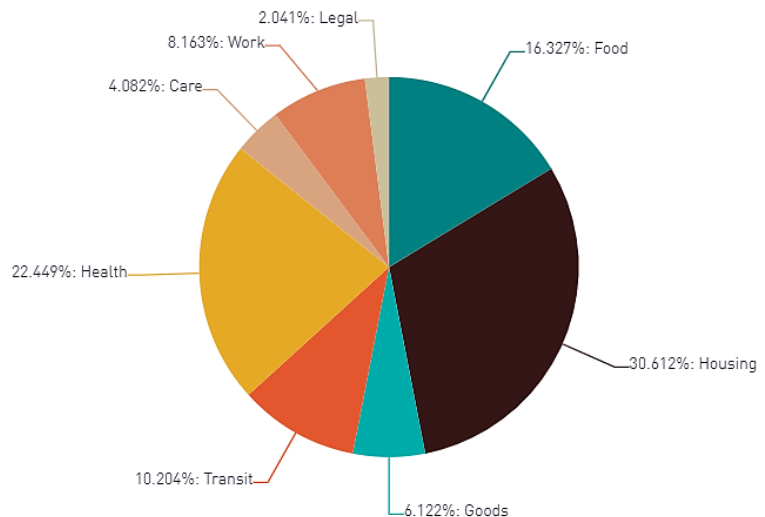
HRBH services provided in Fannin County

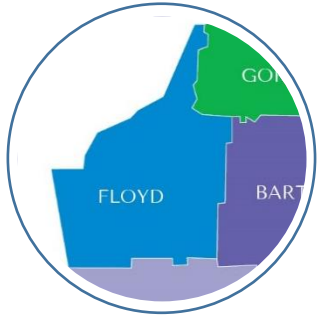
- Outpatient mental health and substance use treatment and recovery services for adults and youth (*in Gilmer County*)
- Peer Support Services (*in Gilmer County*)

Community-based services delivered in Fannin County:

- Community Support Services (adults; youth)
- Community Support Team
- Addictive Disease Support Services
- Residential Recovery Services
- Supported Employment
- Suicide prevention, education and post-vention

Total Findhelp searches in Fannin County FY23: 78





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

FLOYD COUNTY

DEMOGRAPHIC PROFILE

Population 2022	99,443
Projected 2030	101,508
Projected 2040	103,213
Projected 2050	104,391

Ages 5 and under	5.6%
6-17	22.4%
18-64	55.0%
65+	17.0%

Male	49.0%
Female	51.0%

White	80.1%
Black/African American	14.9%
Native American	0.9%
Asian	1.6%
Pacific Islander	0.3%
Two or more races	2.3%
Hispanic/Latino	12.3%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	4,981
Veterans	5.0%

Median income	\$52,388
Poverty	16.2%
Uninsured, under age 65	18.4%
Medicaid enrollment	11,184
Medicaid percentage	11%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	15,035
SMI (5.6%)	4,009
SUD (14.5%)	10,381

Children ages 6-17

AMI (16.5%)	3,675
SED (10%)	2,227

SERVICES AND VALUE - Floyd County

HRBH facilities in county: 3

Outpatient clinic/Women's residential treatment (co-located)
Youth substance use clubhouse (Choices Clubhouse)/Youth outpatient clinic (co-located)
Crisis stabilization unit

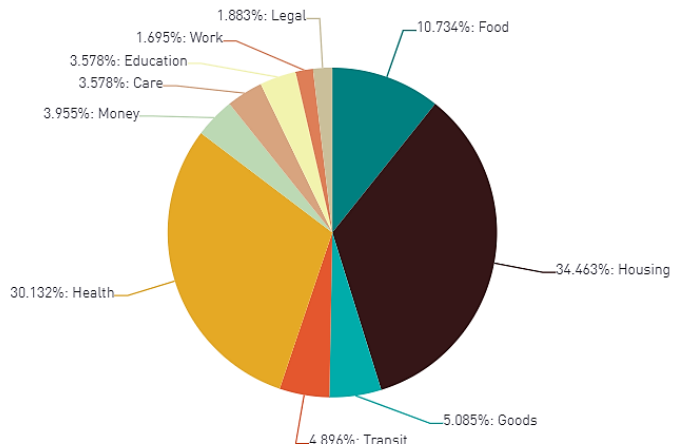
HRBH staff/direct jobs in county: 112
Annual allocation from county: \$90,000

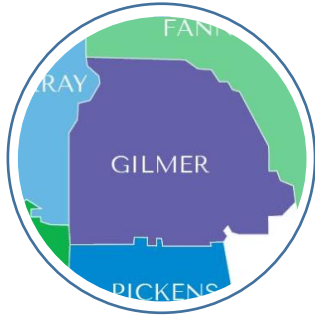
Floyd County residents served by HRBH (FY23): 1,801
of services delivered to Floyd County residents: 33,220
Value of services to Floyd County residents: \$2,495,387

HRBH services provided in Floyd County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Community Support Services (adults; youth)
- Behavioral health crisis stabilization and substance detoxification
- Women's substance use residential treatment (Women's Outreach)
- Addictive Disease Support Services
- Assertive Community Treatment; Intensive Case Management
- Intensive Treatment Residential
- APEX school-based services
- Peer Support Services
- Substance Abuse Intensive Outpatient Program (SAIOP)
- Residential Recovery Services
- Supported Employment
- Youth substance use prevention clubhouse

Total Findhelp searches in Floyd County FY23: 921





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

GILMER COUNTY

DEMOGRAPHIC PROFILE

Population 2022	32,407
Projected 2030	31,094
Projected 2040	32,172
Projected 2050	33,748

Ages 5 and under	4.7%
6-17	18.3%
18-64	50.0%
65+	27.0%

Male	51.6%
Female	49.4%

White	94.9%
Black/African American	1.5%
Native American	0.8%
Asian	0.8%
Pacific Islander	0.6%
Two or more races	1.6%
Hispanic/Latino	13.0%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	2,899
Veterans	8.9%

Median income	\$60,504
Poverty	14.0%
Uninsured, under age 65	20.4%
Medicaid enrollment	4,058
Medicaid percentage	12.5%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	5,239
SMI (5.6%)	1,397
SUD (14.5%)	3,618

Children ages 6-17

AMI (16.5%)	978
SED (10%)	593

SERVICES AND VALUE - Gilmer County

HRBH facilities in county: 1

Outpatient clinic

HRBH staff/direct jobs in Gilmer County: 9

Annual allocation from county: \$0

Gilmer County residents served by HRBH (FY23): 431

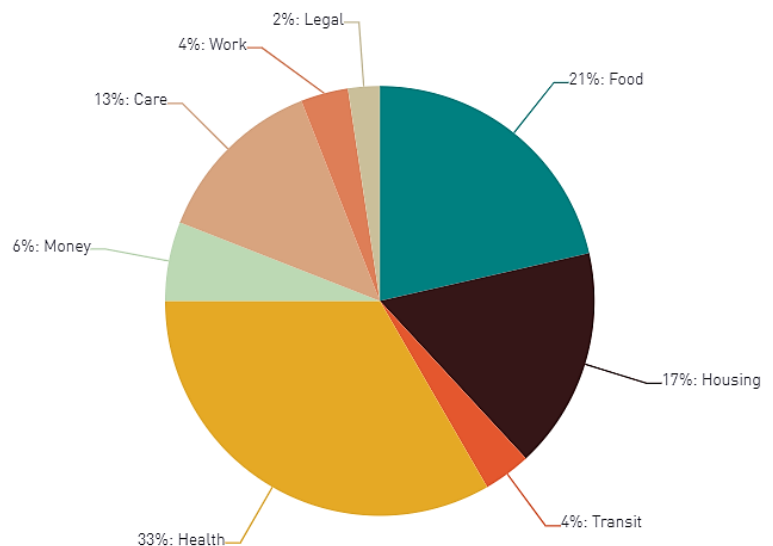
of services delivered to Gilmer County residents: 7,937

Value of services to Gilmer County residents: \$933,697

HRBH services provided in Gilmer County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Community Support Services (adults; youth)
- Correctional facility behavioral health services
- Addictive Disease Support Services
- Community Support Team
- APEX school-based services
- Peer Support Services
- Residential Recovery Services
- Supported Employment
- Suicide prevention, education and post-vention

Total Findhelp searches in Gilmer County FY23: 166





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

GORDON COUNTY

DEMOGRAPHIC PROFILE

Population 2022	58,954
Projected 2030	63,965
Projected 2040	67,045
Projected 2050	69,290

Ages 5 and under	5.5%
6-17	22.7%
18-64	56.1%
65+	15.7%

Male	49.6%
Female	50.4%

White	90.7%
Black/African American	4.6%
Native American	0.6%
Asian	1.7%
Pacific Islander	0.4%
Two or more races	2.0%
Hispanic/Latino	17.3%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	2,449
Veterans	4.2%

Median income	\$50,520
Poverty	12.8%
Uninsured, under age 65	21.7%
Medicaid enrollment	5,494
Medicaid percentage	9.3%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	8,889
SMI (5.6%)	2,370
SUD (14.5%)	6,137

Children ages 6-17

AMI (16.5%)	2,208
SED (10%)	1,338

SERVICES AND VALUE - Gordon County

HRBH facilities in county: 1

Outpatient clinic

HRBH staff/direct jobs in Gordon County: 16

Annual allocation from county: \$0

Gordon County residents served by HRBH (FY23): 866

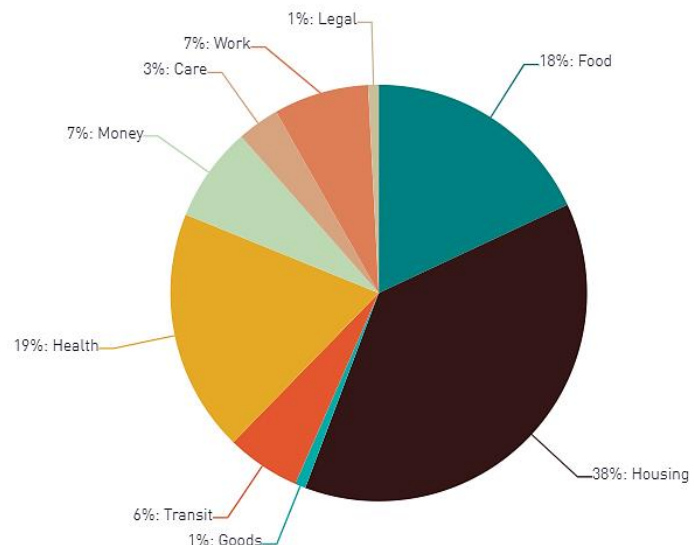
of services delivered to Gordon County residents: 10,413

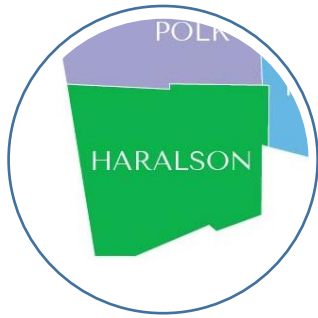
Value of services to Gordon County residents: \$716,640

HRBH services provided in Gordon County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Community Support Services (adult; youth)
- Substance Abuse Intensive Outpatient Program (SAIOP)
- Hospital emergency department behavioral health assessments partnership
- Employee assistance program (EAP) provider for local employer
- Addictive Disease Support Services
- Intensive Case Management
- Residential Recovery Services
- APEX school-based services
- Supported Employment
- Suicide prevention, education and post-vention

Total Findhelp searches in Gordon County FY23: 189





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

HARALSON COUNTY

DEMOGRAPHIC PROFILE

Population 2022	31,337
Projected 2030	31,173
Projected 2040	31,719
Projected 2050	31,871

Ages 5 and under	6.3%
6-17	24.3%
18-64	53.7%
65+	15.7%

Male	49.2%
Female	50.8%

White	92.0%
Black/African American	4.8%
Native American	0.4%
Asian	0.9%
Pacific Islander	N/A
Two or more races	2.0%
Hispanic/Latino	2.4%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	1,524
Veterans	4.8%

Median income	\$57,752
Poverty	14.9%
Uninsured, under age 65	15.4%
Medicaid enrollment	3,779
Medicaid percentage	12%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	4,566
SMI (5.6%)	1,217
SUD (14.5%)	3,153

Children ages 6-17

AMI (16.5%)	1,256
SED (10%)	761

SERVICES AND VALUE - Haralson County

HRBH facilities in county: 1

Outpatient clinic; IDD Day Program facility (co-located)

HRBH staff/direct jobs in Haralson County: 15

Annual allocation from county: \$90,000

Haralson County residents served by HRBH (FY23): 622

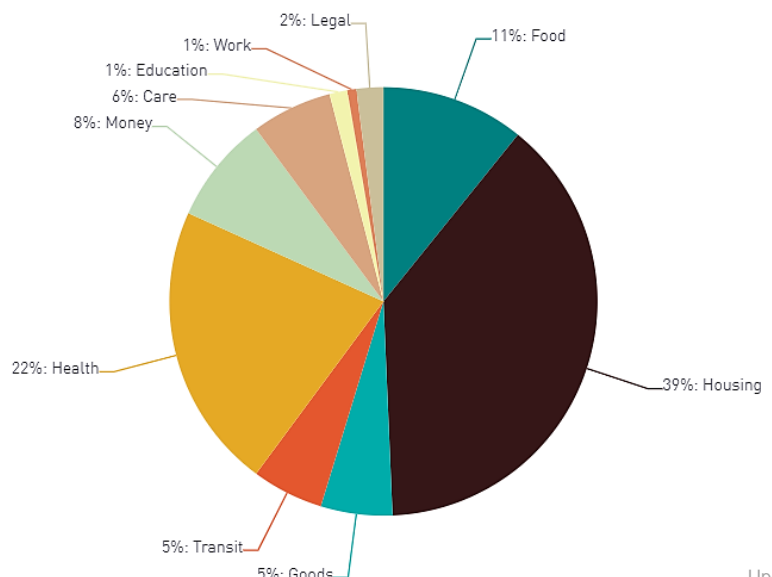
of services delivered to Haralson County residents: 10,994

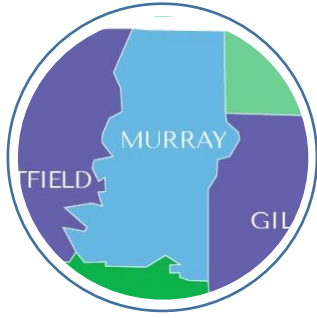
Value of services to Haralson County residents: \$758,662

HRBH services provided in Haralson County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Community Support Services (adult; youth)
- Addictive Disease Support Services
- Intensive Case Management
- Substance Abuse Intensive Outpatient Program (SAIOP)
- APEX school-based services
- Supported Employment
- Residential Recovery Services
- Suicide prevention, education and post-vention
- Day program and Family Support Services for individuals with intellectual and developmental disabilities

Total Findhelp searches in Haralson County FY23: 319





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

MURRAY COUNTY

DEMOGRAPHIC PROFILE

Population 2022	40,472
Projected 2030	40,325
Projected 2040	39,019
Projected 2050	36,739

Ages 5 and under	5.9%
6-17	23.5%
18-64	54.7%
65+	15.9%

Male	49.6%
Female	50.4%

White	94.8%
Black/African American	1.6%
Native American	1.1%
Asian	0.7%
Pacific Islander	0.3%
Two or more races	1.5%
Hispanic/Latino	16.7%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	1,577
Veterans	3.9%

Median income	\$53,821
Poverty	15.7%
Uninsured, under age 65	20.1%
Medicaid enrollment	3,622
Medicaid percentage	8.9%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	6,000
SMI (5.6%)	1,600
SUD (14.5%)	4,143

Children ages 6-17

AMI (16.5%)	1,569
SED (10%)	951

SERVICES AND VALUE - Murray County

HRBH facilities in county: 1

IDD group home

Highland Rivers provides community-based services in Murray County, and residents can access outpatient services at Highland Rivers' clinic in Whitfield County.

HRBH staff/direct jobs in Murray County: 10

Annual allocation from county: \$0

Murray County residents served by HRBH (FY23): 494

of services delivered to Murray County residents: 11,889

Value of services to Murray County residents: \$4,031,934*

*The majority of this cost reflects the operation of a group home for individuals with disabilities who are also medically fragile

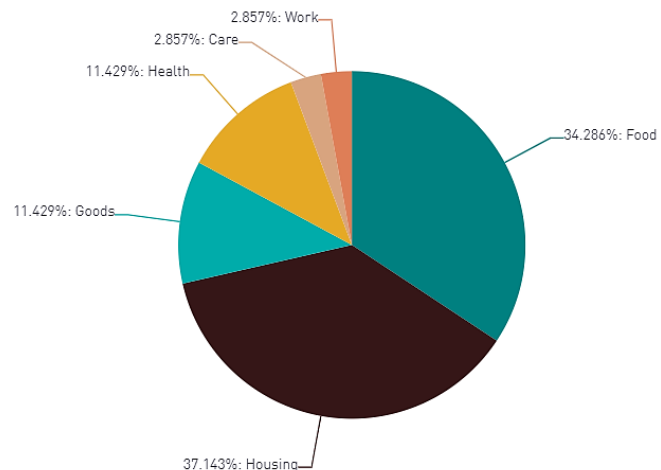
HRBH services provided in Murray County

- Outpatient mental health and substance use treatment and recovery services for adults and youth (in Whitfield County)
- Peer Support Services (in Whitfield County)
- Hospital emergency department behavioral health assessments
- APEX school-based services

Community-based services provided in Murray County:

- Community Support Services (adults; youth)
- Community Support Team
- Addictive Disease Support Services
- Residential Recovery Services
- Supported Employment
- Suicide prevention, education and post-vention

Total Findhelp searches in Murray County FY23: 55





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

PAULDING COUNTY

DEMOGRAPHIC PROFILE

Population 2022	178,421
Projected 2030	209,745
Projected 2040	253,979
Projected 2050	304,620

Ages 5 and under	5.9%
6-17	25.2%
18-64	57.1%
65+	11.8%

Male	49.1%
Female	50.9%

White	69.8%
Black/African American	25.4%
Native American	0.5%
Asian	1.5%
Pacific Islander	0.1%
Two or more races	2.8%
Hispanic/Latino	8.6%

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	9,835
Veterans	5.5%

Median income	\$80,234
Poverty	7.6%
Uninsured, under age 65	11.5%
Medicaid enrollment	13,339
Medicaid percentage	7.5%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	25,815
SMI (5.6%)	6,884
SUD (14.5%)	17,825

Children ages 6-17

AMI (16.5%)	7,418
SED (10%)	4,496

SERVICES AND VALUE - Paulding County

HRBH facilities in county: 1

Outpatient clinic

HRBH staff/direct jobs in Paulding County: 19

Annual allocation from county: \$50,000

Paulding County residents served by HRBH (FY23): 1,167

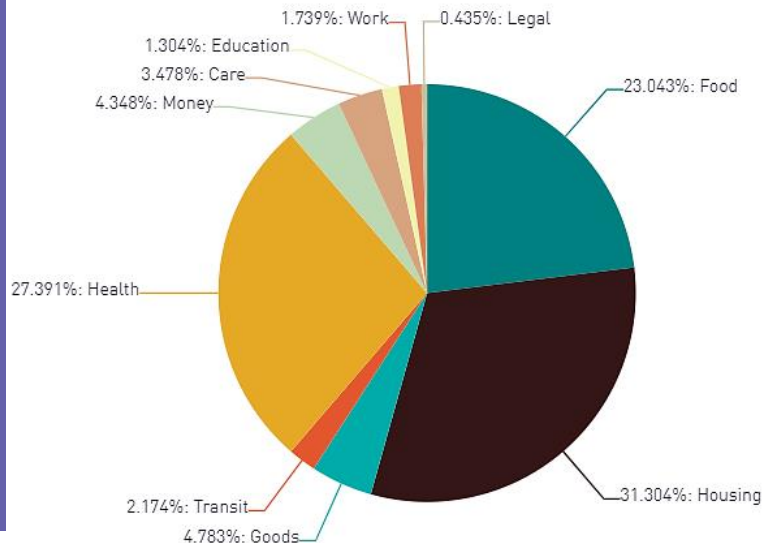
of services delivered to Paulding County residents: 15,795

Value of services to Paulding County residents: \$1,158,148

HRBH services provided in Paulding County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Community Support Services (adults; youth)
- Addictive Disease Support Services
- Assertive Community Treatment
- Intensive Case Management
- APEX school-based services
- Veterans counseling groups
- Correctional facility behavioral health services
- Clinical services provider for local residential program for teen victims of human trafficking
- Residential Recovery Services
- Supported Employment
- Suicide prevention, education and post-vention

Total Findhelp searches in Paulding County FY23: 369





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

PICKENS COUNTY

DEMOGRAPHIC PROFILE

Population 2022	34,826
Projected 2030	34,610
Projected 2040	37,109
Projected 2050	40,028

Ages 5 and under	4.4%
6-17	18.5%
18-64	54.2%
65+	22.9%

Male	50.0%
Female	50.0%

White	95.6%
Black/African American	1.5%
Native American	0.5%
Asian	0.7%
Pacific Islander	N/A
Two or more races	1.6%
Hispanic/Latino	3.7%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	2,549
Veterans	7.3%

Median income	\$71,637
Poverty	10.3%
Uninsured, under age 65	16.6%
Medicaid enrollment	4,828
Medicaid percentage	13.8%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	5,638
SMI (5.6%)	2,503
SUD (14.5%)	3,893

Children ages 6-17

AMI (16.5%)	1,063
SED (10%)	644

SERVICES AND VALUE - Pickens County

HRBH facilities in county: 1

Outpatient clinic; men's residential treatment facility (Highland Recovery Center) (co-located)

HRBH staff/direct jobs in Pickens County: 26

Annual allocation from county: \$0

Pickens County residents served by HRBH (FY23): 436

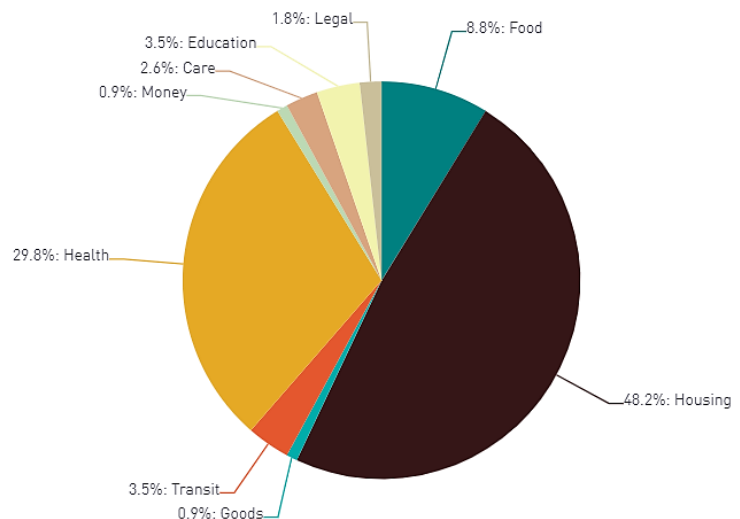
of services delivered to Pickens County residents: 6,284

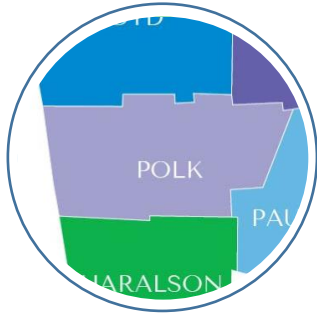
Value of services to Pickens County residents: \$454,428

HRBH services provided in Pickens County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Community Support Services (adults; youth)
- Men's residential substance use treatment (Highland Recovery Center)
- Veteran response team/community crisis co-response team
- Addictive Disease Support Services
- Mental health treatment court provider
- Substance Abuse Intensive Outpatient Program (SAIOP)
- Community Support Team
- APEX school-based services
- Residential Recovery Services
- Supported Employment
- Suicide prevention, education and post-vention

Total Findhelp searches in Pickens County FY23: 184





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

POLK COUNTY

DEMOGRAPHIC PROFILE

Population 2022	43,709
Projected 2030	45,166
Projected 2040	46,136
Projected 2050	46,579

Ages 5 and under	6.5%
6-17	25.2%
18-64	52.7%
65+	15.6%

Male	49.3%
Female	50.7%

White	83.0%
Black/African American	12.8%
Native American	0.9%
Asian	0.8%
Pacific Islander	0.2%
Two or more races	2.2%
Hispanic/Latino	14.4%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	1,894
Veterans	4.3%

Median income	\$48,958
Poverty	17.7%
Uninsured, under age 65	17.6%
Medicaid enrollment	5,159
Medicaid percentage	11.8%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	6,268
SMI (5.6%)	1,671
SUD (14.5%)	4,328

Children ages 6-17

AMI (16.5%)	1,817
SED (10%)	1,101

SERVICES AND VALUE - Polk County

HRBH facilities in county: 3

- Outpatient clinic/IDD Day Program facility (co-located)
- Crisis stabilization unit
- Addiction recovery support center (Mosaic Place)

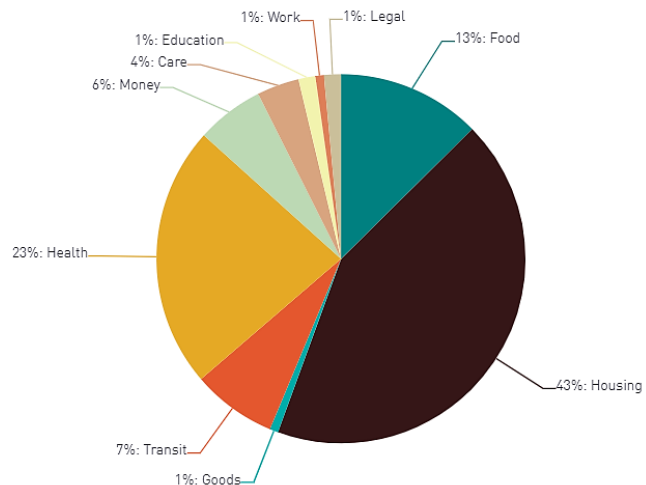
HRBH staff/direct jobs in Polk County: 72
Annual allocation from county: \$0

Polk County residents served by HRBH (FY23): 939
of services delivered to Polk County residents: 17,255
Value of services to Polk County residents: \$1,035,412

HRBH services provided in Polk County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Behavioral health crisis stabilization
- Community Support Services (adults; youth)
- Addictive Disease Support Services
- Assertive Community Treatment
- Intensive Case Management
- Peer Support Services
- Residential Recovery Services
- Supported Employment
- Peer-led addiction recovery support (Mosaic Place)
- Suicide prevention, education and post-vention
- Day program and Family Support Services for individuals with intellectual and developmental disabilities

Total Findhelp searches in Polk County FY23: 225





Highland Rivers
Behavioral Health

COMMUNITY PROFILE

WHITFIELD COUNTY

DEMOGRAPHIC PROFILE

Population 2022	103,132
Projected 2030	114,277
Projected 2040	117,828
Projected 2050	119,343

Ages 5 and under	6.0%
6-17	24.9%
18-64	54.3%
65+	14.8%

Male	50.1%
Female	49.9%

White	90.4%
Black/African American	4.4%
Native American	1.5%
Asian	1.7%
Pacific Islander	0.3%
Two or more races	1.8%
Hispanic/Latino	37.7%*

*Hispanics may be of any race, so are also included in applicable race categories

Veterans (2017 to 2021)	3,415
Veterans	3.3%

Median income	\$52,439
Poverty	13.4%
Uninsured, under age 65	23.4%
Medicaid enrollment	6,778
Medicaid percentage	6.5%

Behavioral health conditions

County cases calculated using SAMHSA national prevalence estimates for Any Mental Illness (AMI), Serious Mental Illness (SMI), Substance Use Disorder (SUD), and Serious Emotional Disturbance (SED)

Adults

AMI (21%)	14,965
SMI (5.6%)	3,990
SUD (14.5%)	10,333

Children ages 6-17

AMI (16.5%)	4,237
SED (10%)	2,567

SERVICES AND VALUE - Whitfield County

HRBH facilities in county: 3

- Outpatient clinic/crisis stabilization unit (co-located)
- IDD Day program facility
- Administrative offices

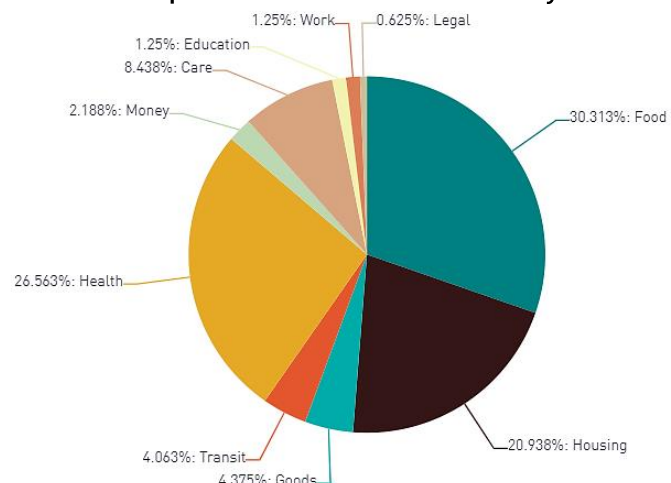
HRBH staff/direct jobs in Whitfield County: 178
Annual allocation from county: \$0

Whitfield County residents served by HRBH (FY23): 1,574
of services delivered to Whitfield County residents: 27,229
Value of services to Whitfield County residents: \$2,779,578

HRBH services provided in Whitfield County

- Outpatient mental health and substance use treatment and recovery services for adults and youth
- Behavioral health crisis stabilization
- Community Support Services (adults; youth)
- Addictive Disease Support Services
- Peer Support Services
- Substance Abuse Intensive Outpatient Program (SAIOP)
- Intensive Case Management
- APEX school-based services
- Residential Recovery Services
- Supported Employment
- Suicide prevention, education and post-vention
- Day program and Family Support Services for individuals with intellectual and developmental disabilities

Total Findhelp searches in Whitfield County FY23: 606





Highland Rivers
Behavioral Health

FY 2023 ANNUAL REPORT

PROGRAM HIGHLIGHTS



Highland Rivers Behavioral Health

Community Outreach and Engagement



Every year, Highland Rivers Behavioral Health participates in hundreds of community events, builds partnerships, provides trainings and so much more to engage with the communities we serve. Some of our agency's outreach and engagement activities in FY23 include:

- Partnered with Cobb County DFCS for Pinwheels for Prevention during Child Abuse Awareness Month in April 2023, placing pinwheels in the front yard of Cobb Outpatient clinic.
- Participated in two mental health panels for "Parent University" for Cherokee County School District.
- Collaborated on a Fentanyl training for Murray County Schools to provide the mental health/wellness component for a parent night and student education.
- System of Care sponsored a free family wellness fair, "Splash into Wellness," at the Mack Gaston Community Center in Dalton in May.
- Floyd Choices Clubhouse (youth substance use prevention program) volunteer community service at Salvation Army to help sort clothes and food for local families in need.
- Continued collaboration with Floyd Against Drugs, and in its annual Teen Maze.
- Implemented new navigator staff in Cobb County magistrate and probate courts.
- Created the cold-call initiative - looking up all veterans currently being served by Highland Rivers Behavioral Health and calling them to offer SSG Fox services.
- Set up resource tables at nearly 50 community health fairs and events across our service area to provide information about Highland Rivers and our services.
- Provided training to Whitfield County school counselors and social workers on safety planning in school.
- Served on Child Fatality Review committees in Bartow/Gordon and Cherokee counties.
- Hosted a veteran suicide prevention and discussion roundtable to raise awareness of mental health resources for veterans.
- Joined two Georgia Department of Veteran Services (GDVS) veteran suicide prevention task forces to enhance collaboration throughout the state.
- Attended and taught classes to Bartow County youth at Youth Explosion Summit.
- Worked with local school systems (Gilmer, Cartersville City, Cherokee, Pickens) to present screening of "Screenagers," along with resources for school counselors and parents on parenting strategies in the digital age.
- Provided numerous CIT (Crisis Intervention Training) classes to law enforcement agencies in our service area.

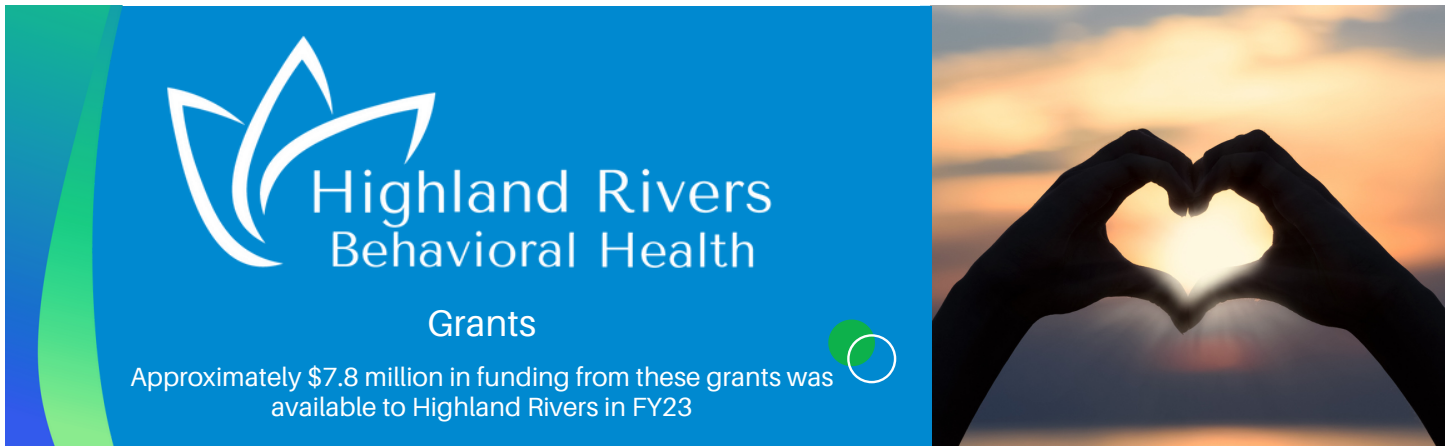
Serving Bartow, Cherokee, Cobb,
Fannin, Floyd, Gilmer, Gordon, Haralson,
Murray, Paulding, Pickens, Polk and
Whitfield counties.

For scheduling, call
1-800-729-5700.

For crisis call
Georgia Crisis and Access Line
(GCAL) 1-800-715-4225.

To visit our website, scan the QR code
or go to www.highlandrivers.org





Expanding Co-response Programs

Highland Rivers Behavioral Health received three grants in FY23 to expand co-response programs. These multi-year grant partnerships include: a three-year \$897,435 grant from the Governor's Office of Planning and Budget to fund the development of a co-response program in Pickens County; a four-year, \$2.8 million grant from the Substance Abuse and Mental Health Services Administration to fund the development of a co-response program in Cherokee County with the Cherokee County Sheriff Office; and a three-year, \$549,959 grant from the Bureau of Justice to fund the development of a co-response program in Catoosa County, in partnership with Bridge Health and the Catoosa County Sheriff's Office.

Mental Health Clinicians in Local Government Agencies

Highland Rivers Behavioral Health received three grants from Cobb County, utilizing American Rescue Plan Act funding the county received, to add mental health clinicians within local government agencies. These multi-year grant partnerships include: a three-year \$470,000 grant to fund a licensed mental health clinician within the county's 911 center; a three-year \$1,962,244.72 grant to increase the number of Cobb PATH co-response teams in the county; and a three-year \$1,177,607 grant to add case managers and licensed clinicians in State, Superior, Probate and Magistrate Courts in Cobb County, as well as at the Wellstar Kennestone Regional Medical Center emergency department.

Certified Community Behavioral Health Center

A Certified Community Behavioral Health Center (CCBHC) is a nationally-recognized organizational practice model designed to ensure access to coordinated, standardized and comprehensive behavioral health care. Highland Rivers received a two-year, \$4 million grant from the Georgia Department of Behavioral Health and Developmental Disabilities to support the agency's transition to a CCBHC.

Veteran Suicide Prevention

The U.S. Department of Veterans Affairs (VA) awarded Highland Rivers Behavioral Health \$750,000 through the Staff Sergeant Parker Gordon Fox Suicide Prevention Grant program (renewable annually). In partnership with the Marietta Vet Center, Cherokee County Homeless Veterans Program, and the Center for the Advancement of Military and Emergency Services at Kennesaw State University, Highland Rivers is employing a mobile response team for veterans in Cherokee and Pickens counties who are in crisis or at risk of suicide.

Promoting Mental Health Awareness

Highland Rivers Behavioral Health was awarded a four-year, \$500,000 grant by the Substance Abuse and Mental Health Services Administration to promote mental health awareness. The grant supports trainings for elected officials, first responders and city workers to increase their knowledge of mental health needs and resources in their communities, with the goal of increasing resource allocation to improve and sustain mental health and wellness in their communities.

Recovery-to-Work

Focused on supporting individuals in recovery from substance use disorder as they re-engage into employment, this three-year, \$600,000 grant from the Appalachian Regional Commission INSPIRE/Recovery to Work program provides training and technical assistance to local chambers of commerce and employers. Targeting Polk, Haralson, Whitfield, Fannin and Murray counties, the recovery-to-work initiative helps businesses learn how to become more supportive of employees who are engaged in treatment, and how to connect their employees to local treatment and resources.

Community Mental Health Center

During the second year of this two-year, \$2 million grant from the Substance Abuse and Mental Health Services Administration, Highland Rivers Behavioral Health will continue implementing community outreach and engagement activities, its ED Diversion Program and expanding its APEX school-based mental health program. In this second year, Highland Rivers will also be able to expand these grant activities into Cobb and Haralson counties.



Highland Rivers
Behavioral Health

Partnerships



PARTNERING WITH SCHOOLS THROUGH THE APEX PROGRAM

Through the Georgia APEX Project, Highland Rivers Behavioral Health provides mental health professionals onsite at elementary, middle, or high schools. In partnership with school staff, Highland Rivers' therapists will assess and identify a student's mental health needs and determine how best to meet his or her individual needs. Appointments can be scheduled during the school day, before or after school, or at home, if desired. Services provided in school are during non-core academic time, and all efforts are made to support academic goals. In FY23, Highland Rivers served 907 individuals in 54 schools across our service area through the APEX program, and have served more than 1,600 since the program began in 2015.



PARTNERSHIPS WITH LOCAL EMERGENCY DEPARTMENTS

A highly innovative collaboration begun in 2017 with Redmond Regional Medical Center in Rome, Highland Rivers Behavioral Health provides onsite assessments in the emergency departments of local hospitals for individuals presenting with behavioral health needs. These partnerships have proven highly effective in diverting individuals with behavioral health needs from more intensive and costly emergency crisis services and connecting them with community-based care when appropriate. Highland Rivers currently partners with three local hospitals in our 13-county service area to provide this collaborative service, with three additional hospitals interested in the same service. In FY23, the impacts of these partnerships to our communities and the state continue to be significant:

- 956 Assessments
- 50% of all cases were diverted
- 244 cases were self-pay (i.e. uninsured)
- Savings to state since 2017: approx. \$5M



A CRITICAL PARTNERSHIP WITH WELLSPRING LIVING

Highland Rivers Behavioral Health partners with Wellspring Living to provide clinical services and programming for youth in the Receiving Hope Center in Paulding County, Georgia's first intake center for trafficked and commercially sexually exploited youth. Operating since July 2020, we have served 203 unique youth. This program's collaborative funding, initiated through DBHDD COVID funds, had been set to end in June 2023; however the program proved so valuable that DBHDD has chosen to continue to fund it through its own budget.



Wellspring
Living



Highland Rivers Behavioral Health

DATA FROM THE MENTAL HEALTH STATISTICS IMPROVEMENT PROGRAM

Georgia Network Results



Georgia Developmental Disabilities Satisfaction Survey	2021 NCI US	FY23 HRBH %
Do you like where you live?	90	95%
Are you satisfied with your job / day program?	92	98%
Can you see your friends when you want to?	79	95%
Do people at your work / day program / home treat you with respect?	93	98%
Do you get the services that you need?		98%
Are you happy with the staff and services you receive here?		100%
Do you feel safe at home?		98%
Is there someone you can go to when you feel afraid?	94	100%
Can you get help quickly when things go wrong at home?		98%

Every year, Highland Rivers Behavioral Health surveys those who receive services from our agency, including individuals with intellectual and developmental disabilities, as well as adults, families and youth. Satisfaction levels among the individuals we serve consistently exceed national benchmarks (FY21 was the last year for which national benchmark data is available). We have also shared several comments received with the FY23 survey.

Behavioral Health Family and Youth Satisfaction Survey FY23	US Benchmark 2021	FY23 HRBH %
Satisfaction with Services	87%	90%
Access to Services	88%	94%
Participation in Treatment	89%	88%
Positive About Outcomes of Services	72%	76%
Improved Social Connectedness	88%	94%
Cultural Sensitivity of Service Providers	94%	92%
Overall Averages	86%	89%

"This is a great program that has changed my life for the better. The staff here are very understanding and helpful."

"Having a neutral party to confide in who gives good strategies to help my child."

"They are very good at communication. I feel the workers will lead me towards the right way. They help me stay and remain focused & positive."

"Dr M and Kenneth both are great with my 2 children. I can call and they will see them."

Behavioral Health Adult Satisfaction Survey FY23	US Benchmarks 2021	FY23 HRBH %
Satisfaction with Services	88%	93%
Access to Services	87%	91%
Participation in Treatment	86%	89%
Quality and Appropriateness of Services	89%	92%
Positive About Outcome of Services	78%	84%
Improved Social Connectedness	78%	87%
Overall Averages	85%	89%

"To us the services are great and the workers care."

"I came in just because - I'm so glad now though. Look forward to my classes and the staff so friendly!"

"They stayed with my son when he needed help."

"MMAC (Mothers Making a Change, women's residential substance use program) and its staff have helped me change my life. I can't imagine having been this successful without the knowledge and support of everyone that works here. I will never forget what I have learned and I can't wait to continue growing and sharing my progress with the world!"

"The support at school from (HRBH therapist) Kimberly. She has never given up on my child."

"They make you feel at home and make you feel like you can talk about anything you need to they do a good job."

"The staff here are very friendly and are willing to help me with the things I need."

"The staff is great! They really help! They're there when needed. I really enjoy being sober this place and the people in it make it worth it I feel worth it!"

"Highland Rivers services are a vital part of my life."





Highland Rivers Behavioral Health

Recovery Stories



HEATHER'S STORY

I have been affected by mental illness since early childhood. I'm a person who lives with bipolar one, complex PTSD and intermittent explosive disorder. I'm contributing to our annual report in order to spread hope and to help break any stigma.

My life was a constant state of dramatic ups and downs, fights, shopping sprees, crying spells, suicide attempts, days without sleep followed by weeks in bed, pure chaos and misery. Arrests and drug use finally led me to get the help I needed. It took months in jail on medication before I started to feel what I imagined other people felt—calm, happy, peaceful—even in jail. The wrap-around support I received really saved my life and getting to know other people with my same issues was such a relief.

Today, I hold two jobs. I have put myself through trade school: I have balance in most of my days. I'm a grandmother of four with years off of drugs and ten-plus years of a clean record of no fights and arrests. I'm happy.

One of my jobs is in peer support, and I absolutely feel blessed to get to work in the field of mental health. Mental illness effects so many people and due to stigma and lack of education, many individuals like me don't often get the help they need early on. The effects can be devastating for individuals, families and communities. My ask from you today would be to speak up and speak out, educate yourselves and help spread awareness. You just might save a life.



JAMES'S STORY

I am Georgia State-Certified Peer Specialist for behavioral health, and I am part of the Staff Sargent Fox Suicide Prevention Grant's Veteran Response Team at Highland Rivers Behavioral Health. As a United States Air Force veteran and a peer, I am able work with veterans who may be struggling mental health challenges.

Working as a peer specialist is very rewarding. Veterans are unique, and when we raise our right hand to take an oath to our country, we're taught to be a protector. This role often makes it difficult for veterans to open up about their personal circumstances. When peers talk about their own circumstances, veterans understand that they are not alone, and they do not need to be ashamed to talk about mental health and substance use issues.

The transition from military to civilian life can be hard. When in the military, we don't have to worry about rent or food—all that is paid for. When you get out, sometimes a veteran can be confused to as to what the next steps, and they may not know they're entitled to certain monies, benefits and services. -those type of things lead to depression, not knowing that there are these services available. There are certain things I was not aware of working in this program has helped me to help others.

For me, as a person in long-term recovery, I had issues with trust, and it was hard for me to open up to another person. My support came through my church group where I began to open up, and then I elevated myself to being an ordained deacon. It's important to me to talk about my recovery and share my personal experience with other veterans. As someone who is in dual recovery, not only can I talk about behavioral health, but I also can offer a perspective of a lived experience.



Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.



To visit our website, scan the QR code or go to www.highlandrivers.org



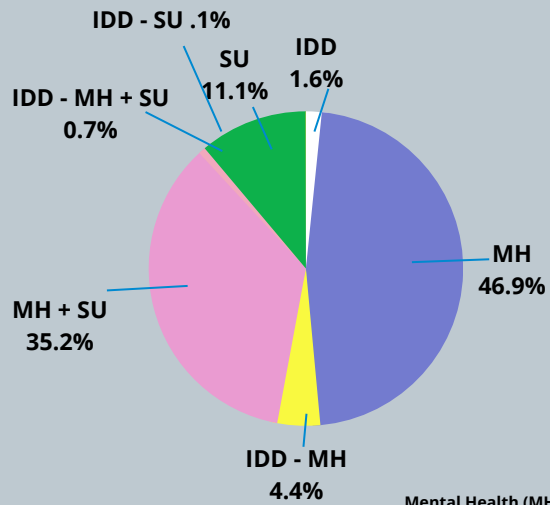


Highland Rivers Behavioral Health

FY23 Individuals Served



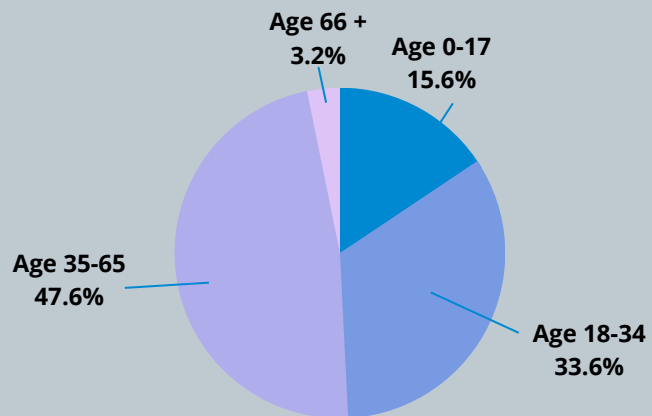
FY23 PERCENTAGE BY DIAGNOSIS SERVED



Mental Health (MH)
Substance Use (SU)
Intellectual & Developmental Disabilities (IDD)



FY23 PERCENTAGE BY AGE SERVED



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For crisis call
Georgia Crisis and Access Line
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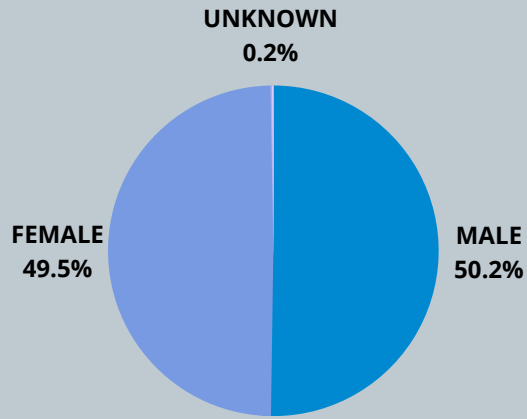


Highland Rivers Behavioral Health

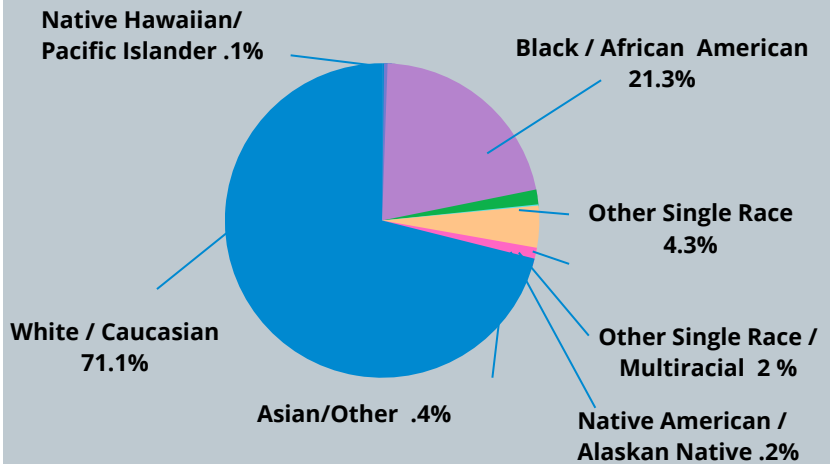
FY23 Individuals Served



FY23 PERCENTAGE BY GENDER SERVED



FY23 PERCENTAGE BY RACE SERVED



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Highland Rivers Behavioral Health

FY2023 Investment & Revenue by Source



2023 INVESTMENT IN SERVICES BY PROGRAM AREA

Program	Investment
Crisis	\$20,971,898
Adult Mental Health	\$12,816,600
Youth & Emerging Adult Mental Health	\$1,767,615
Outpatient (expense-based)	\$5,564,756
Addictive Disease Residential Treatment	\$5,276,747
Intensive Community & Veteran Programs	\$1,167,386
Adult Addictive Disease	\$3,549,122
Addictive Disease Other	\$1,513,970
Intellectual and Developmental Disabilities	\$9,818,264
Peer Services	\$1,628,602
Residential Services	\$6,226,073
Department of Justice Programs	\$3,586,698
Community Rehabilitation and Wellness (expensed based)	\$1,209,766
TOTAL	\$75,097,497



2023 REVENUE BY SOURCE

Program	Investment
DBHDD	\$42,046,752
Developmental Disabilities Waiver	\$7,718,748
Medicaid	\$6,475,680
Medicare	\$262,883
Transportation	\$230,393
Funding from Counties/Local	\$732,857
Client Fees	\$314,515
Other Fees	\$46,545
Commercial Insurance and VA	\$369,606
Contracts	\$18,465,275
Other Contract Revenue	\$1,132,376
TOTAL	\$77,795,630

Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

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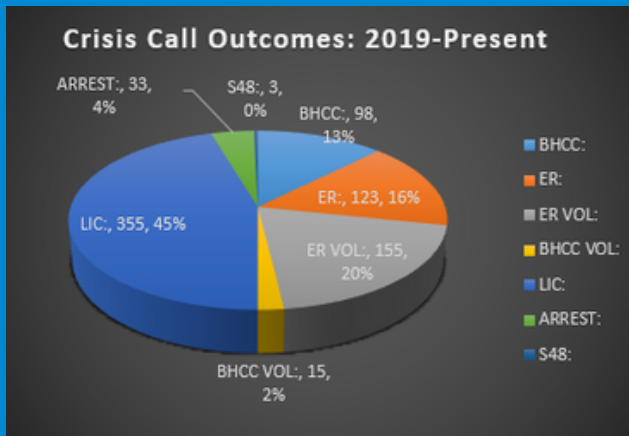
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EXPANDING CO-RESPONSE



- Outcomes 2019 - 2023:
- LIC – Left in community
 - BHCC – Transport to Behavioral Health Crisis Center (BHCC) on 1013
 - ER – Transport to ER on 1013
 - BHCC VOL – Voluntary transport to BHCC
 - ER VOL – Voluntary transport to ER
 - Arrest – Individual Arrested



PROGRAM OVERVIEW

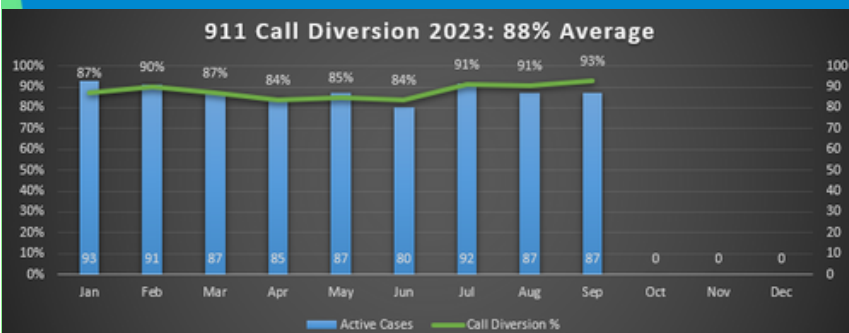
Co-response programs pair a uniformed law enforcement officer with a licensed mental health clinician to respond to individuals in the community in behavioral health crisis. Co-response teams are typically dispatched by the local 911 operator. Depending on the circumstances, the officer may effect an arrest, the clinician may order involuntary committal (1013), or in partnership, the co-response team may determine on-site mitigation precludes needing to do either.

Co-response programs have three primary goals: 1) to reduce arrest and incarceration rates for individuals with mental health concerns; 2) to reduce unnecessary transport of individuals with mental health concerns to local hospital emergency departments (EDs); and 3) to reduce use-of-force during responses involving individuals in behavioral health crisis by utilizing de-escalation techniques, if possible

When not dispatched on a 911 crisis call, the co-response team makes follow-up visits to persons they have seen previously in the community. Maintaining more frequent contact with individuals with complex needs that cause them to engage with law enforcement/EMS helps break the 'cycle of crisis.'

Cobb PATH (Partnership for Assistance, Treatment and Health) is a co-response partnership between Highland Rivers Behavioral Health and the Cobb County Police Department which has been in operation in the county since 2019. As the data graphics from the Cobb PATH program show (*left*), in the vast majority of cases, a situation can be mitigated onsite by the team, and the individual is able to remain in the community, or the individual is voluntarily admitted to an emergency department or crisis stabilization unit.

These compelling results -- along with growing public recognition that individuals with behavioral health needs are often not best served by the criminal justice system or incarceration -- has led to an increase in funding for co-response programs from a variety of interested sources. Such funding is allowing Highland Rivers to expand its co-response programs in partnership with several law enforcement agencies (*see Grants page*). Not only is Cobb County PD adding another co-response team and a behavioral health clinician in its 911 center, Highland Rivers has been funded to establish co-response programs in Cherokee, Pickens and Catoosa counties.



Veterans Services



VETERAN SUICIDE PREVENTION

In September 2022, Highland Rivers Behavioral Health was awarded a \$750,000 grant to enhance suicide prevention efforts among veterans and their families in Cherokee and Pickens counties. Awarded by the U.S. Department of Veterans Affairs (VA), the Staff Sergeant Parker Gordon Fox Suicide Prevention Grant Program (SSG Fox SPGP) is renewable at that amount for three years.

Highland Rivers Behavioral Health, along with partner organizations of the Cherokee Veterans Mental Health Coalition - Cherokee County Homeless Veterans Program, Marietta Vet Center, and Center for the Advancement of Military and Emergency Services Research at Kennesaw State University - have created a unique and cohesive set of services for veterans, as well as enhanced community outreach and education.

As part of grant activities, Highland Rivers has created a community veteran response team with a clinician, case manager, and peer specialist - all of whom are veterans - that can be deployed anywhere in Cherokee or Pickens counties to respond to veterans in crisis. Recently notified of additional funding, Highland Rivers is working to expand the program into Cobb County.



GREEN ZONE VETERAN COMMUNITY CENTER

Highland Rivers Behavioral Health continues to work with the Highland Rivers Foundation to develop funding resources for the Green Zone, a veteran-focused community center that will offer support and resources for veterans with mental health challenges or substance use disorders, as well as their families and significant others. The peer-led center will provide a supportive environment where veterans can find camaraderie with those who share similar military experiences, understand each other's challenges, and 'speak their language.'

The Green Zone will provide linkages to community partners as needed for housing, food and household assistance, clothing, transportation and other family needs. As a service of Highland Rivers Behavioral Health, veterans will also have expedient access to clinical treatment services, crisis intervention, residential treatment programs, clinical treatment groups, and family counseling.

Initial funding for the Green Zone is estimated to be \$1.4 million. It is a development priority for the Highland Rivers Foundation, a 501(c)(3) not-for-profit charitable foundation that is independent of Highland Rivers Behavioral Health, and includes capital costs to purchase a program facility, any necessary renovations, furnishings and office supplies, as well as outreach and promotion to local veterans. Sponsorship opportunities are available, including naming rights for the facility, group rooms and outdoor recreation areas.

The Green Zone in Baghdad is a location recognized by military personnel as a safe and secure place. Highland Rivers Behavioral Health developed the Green Zone Veterans Community Center focusing on the same idea: to provide veterans a place to come together in a safe environment.

To make a tax-deductible donation to the Green Zone initiative, contact Sherry McGee, Foundation Relations Officer, (706) 590-9238; sherrymcgee@highlandrivers.org.

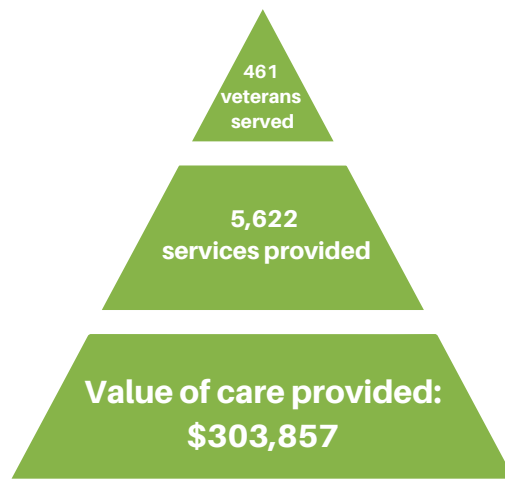
Veterans Services



Through Highland Rivers Behavioral Health Health, veterans have expedient access to clinical treatment services, crisis intervention and stabilization, residential treatment programs, clinical treatments groups, and family counseling.

The Highland Rivers Foundation is working towards building a free-standing "Green Zone" that will offer non-clinical support and peer services as well as expanded clinical services for veterans. To make a tax-deductible donation to the Green Zone initiative, contact Sherry McGee, Foundation Relations Officer, (706) 590-9238; sherrymcgee@highlandrivers.org.

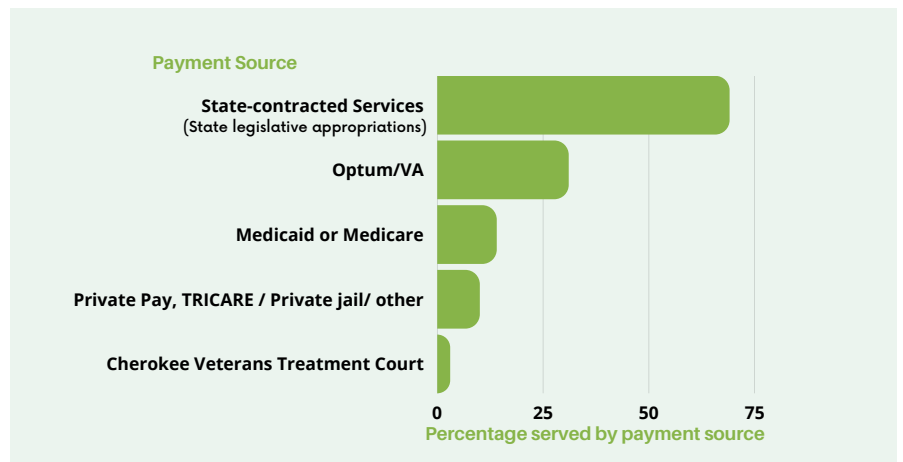
VETERANS SERVED



PAYMENT SOURCE

Veterans were enrolled in almost every level of care and service provided by Highland Rivers Behavioral Health including crisis, residential, outpatient, assertive community treatment, intensive case management, crisis respite apartments, supported employment, high utilization management, housing voucher and peer support services, as well as veterans court.

Fully 69% of the veterans we served received some level of state-contracted services. Georgia's state-funded Core services package provides a rich variety of options that allowed Highland Rivers to meet the unique needs of every veteran we served, regardless of their insurance status or their ability to pay.



The Highland Rivers Foundation

The Highland Rivers Foundation is a not-for-profit, tax-exempt charitable foundation that exclusively supports Highland Rivers Behavioral Health, one of Georgia's largest providers of treatment and recovery services for individuals with mental health disorders, substance use disorders, and intellectual and developmental disabilities.

As one of Georgia's safety-net providers, Highland Rivers Behavioral Health provides crucial behavioral health services to those who might otherwise be unable to receive the help they need: those with limited income, those who are uninsured or under-insured, or who have Medicaid, Medicare or other public insurance. For thousands of members of our community, Highland Rivers is the sole point of access for behavioral health services.



The need for community-based behavioral health services has never been more pressing. Not only has the pandemic impacted the mental health of millions of Americans of all ages, but a growing recognition that behavioral health challenges are common and treatable has resulted in unprecedented demand for recovery services.

Although Highland Rivers Behavioral Health is a state-designated agency, only about 40% of its funding comes directly from state service contracts. The remainder is generated through billing, some direct payment from those served (on an income-based sliding fee scale), and other service-related revenue. Nearly 90% of every dollar earned is invested directly into services, but in its commitment to truly fulfilling its mission, delivering uncompensated care also is a daily reality.

The Highland Rivers Foundation exists to help its namesake agency fill the funding gaps – to remove any remaining barriers to service for those in need, to expand and enhance services, to ensure that agency facilities are adequate for delivering care, and so much more. Your gift to the Foundation helps ensure our community's most vulnerable individuals and families continue to receive the help they need.

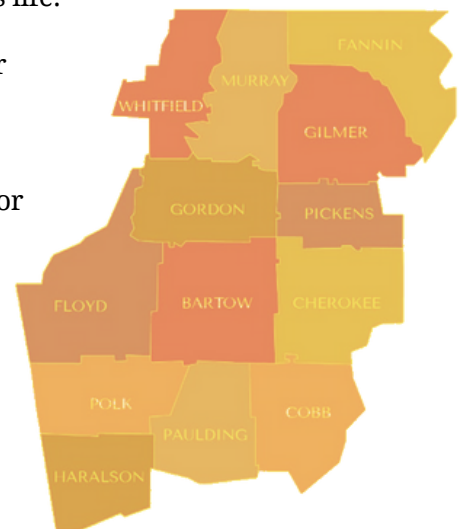
Toward that critical end, the Foundation's current funding and gift development priorities include:

- Child and adolescent mental health services
- Crisis Stabilization Unit renovations
- The Green Zone veterans community center
- Mosaic Place addiction recovery support center
- Mothers Making a Change substance use treatment and recovery program
- Back-up generators for mission-critical facilities
- Personal care and household items
- Employee scholarship and mini-grant fund

Gifts to the Highland Rivers Foundation, whether monetary or in-kind, are tax-deductible. Equally important, because Highland Rivers Behavioral Health is a large agency with a variety of programs and services, giving to the Highland Rivers Foundation allows donors the opportunity to be creative. Donors can direct their gifts to support the unique needs of certain populations, or programs within specific counties or regions. Your gift can stay right in your community, or can be used across our service area for longer-term priorities or emergent needs. No gift is too small and every gift can help change someone's life.

To make a tax-deductible financial or in-kind gift to the Highland Rivers Foundation, contact Kathleen Varda, Foundation Director, (678) 558-4847; kathleenvarda@highlandrivers.org; or Sherry McGee, Foundation Relations Officer, (706) 590-9238; sherrymcgee@highlandrivers.org.

Highland Rivers Foundation is a 501(c)(3) not-for-profit charitable foundation. All donations to the foundation are tax-deductible (Federal tax ID: 81-4628046). Learn more or donate securely online at: <https://highlandriversfoundation.org>.

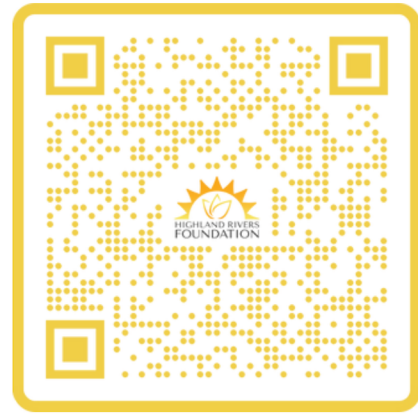


Highland Rivers Behavioral Health's 13-county service area is home to nearly 1.8 million Georgians



Impact Snapshot

Join our Impact.



Hope Begins Here

THREE YEARS WITH UNIQUE CHALLENGES

The Highland Rivers Foundation has left a profound mark on our community, from renovating a women's and children's playground to replacing 104 mattresses in our facilities, offering REAL Life Kits to those experiencing homelessness, providing peer scholarships, and allocating funds for overdose prevention and substance use education.

These initiatives have collectively enriched the lives of countless individuals in our community, reflecting our unwavering commitment to fostering positive change.

\$17,500

Created a safe playground space at Womens Outreach

\$85,000

Continued education and certifications for individuals who have lived experience

\$140,000

Education, and training for the prevention of Overdose Death and the Education of Substance Use Disorder.

A LOOK AT THE NUMBERS

700

Naloxone kits distributed to community members

500

REAL Life kits distributed

450

Deterra safe drug disposal systems distributed

350

Community members trained for Naloxone administration

140

Mattresses were replaced in our Crisis Stabilization Units and Men's Residential Recovery Program





Highland Rivers
Behavioral Health

FY 2023 ANNUAL REPORT

PROGRAM FACT SHEETS



Highland Rivers Behavioral Health

PROGRAMS & SERVICES OVERVIEW



WHO WE ARE

We are a behavioral healthcare agency offering services for adults, youth, and families with mental health and addictive disease challenges as well as adults with intellectual/developmental disabilities. We are a public safety net provider serving individuals who have little to no financial resources, as well as veterans and persons with state and federal benefits such as Medicaid and Medicare. For individuals who are uninsured, our services are provided on a sliding fee scale based on income.

No one is denied services due to inability to pay, and we will work with you on a payment plan to best meet your needs and circumstances.

BEHAVIORAL HEALTH

We provide services to adults and youth experiencing mental health issues such as depression, anxiety, bipolar disorder, schizophrenia, Post-Traumatic Stress Disorder, behavioral issues, poor impulse control and thoughts of harming themselves or others. Our substance use services provide treatment and illness management education—supporting the development of skills necessary to function in the community.

We begin with a comprehensive assessment of individual needs and strengths. Our treatment team of psychiatrists, nurses, therapists and counselors develop individualized, person-centered plans addressing the specific needs of individuals to assist them in meeting their recovery goals.

CRISIS SERVICES

We have four crisis stabilization units (CSUs) in Cobb, Floyd, Polk, and Whitfield counties that operate 24 hours a day, seven days a week as emergency receiving and evaluation facilities for adults age 18 and over. Our CSUs offer support to individuals who need immediate assessment and/or a temporary, monitored stay—providing the opportunity for detox and behavioral stabilization. Our goal is to assure individuals receive the services needed in times of crisis, to link them to important ongoing services, and to develop a person-centered plan to prevent crises in the future.

YOUTH

Our youth programs address the social and emotional needs of individuals in mental health and substance use recovery. Youth-guided and family-driven programs encourage self-exploration and growth and teach early recovery skills, alternative decision making, coping skills, and age-appropriate life skills.

INTELLECTUAL & DEVELOPMENTAL DISABILITIES

We assist adults with intellectual and developmental disabilities with supports that promote personal choice and community inclusion. We work to improve individuals' activities of daily life and to enhance quality of life through exercise, education, arts and crafts, and recreational/leisure activities.

Our Supported Employment program works with individuals to identify skills for competitive employment. Family Supports offers supports like respite, personal care items, and special dietary supplies for individuals with an IDD.



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Highland Rivers Behavioral Health

PROGRAMAS Y SERVICIOS



NOSOTROS SOMOS

Nosotros somos a una agencia de salud mental/conductual que ofrece servicios para adultos, jóvenes y familias con retos de salud mental/conductual y enfermedades de adicción, así como también para adultos con discapacidades del desarrollo/intelectuales. Nosotros somos una agencia pública con resguardos de seguridad sirviendo a individuos que tienen pocos o no recursos financieros, así como también a veteranos y personas con beneficios federales y estatales, tales como Medicaid y Medicare. Para Individuos sin seguro médico el costo de servicios es determinado mediante tarifas fijas, usando una escala de porcentaje basada en su ingreso.

No se le negaran servicios a nadie debido a su inhabilidad de pago y trabajaremos con usted para formular un plan de pago que reúna sus necesidades y circunstancias.

SERVICIOS DE CRISIS

Nosotros tenemos cuatro unidades de estabilización (CSUs) en los condados de Cobb, Floyd, Polk, Y Whitfield respectivamente, las cuales operan 24 horas al día, siete días a la semana, ingresando casos de emergencias y evaluaciones mentales/conductuales para adultos de 18 años en adelante. Nuestras unidades de estabilización de crisis ofrecen apoyo para quienes necesiten una evaluación inmediata y/o estadia monitorizada de plazo temporario para estabilización mental y desintoxicación de sustancias.

Nuestra meta es asegurarnos de que cada individuo reciba los servicios necesarios durante un estado de crisis, para vincularlos con servicios respectivos y continuos también para planificar un plan de cuidado individualizado basado en las necesidades y aspiraciones del individuo de acuerdo a sus circunstancias y para prevenir crisis en el futuro.

SALUD MENTAL

Nosotros proveemos servicios para adultos y jóvenes afrontando problemas de salud mental, tales como depresión, ansiedad, trastorno bipolar, esquizofrenia, trastorno de estrés post-traumático, problemas de comportamiento, trastorno de control de impulso, y pensamientos de hacerle daño a los demás o a sí mismo. Nuestros servicios de tratamiento de abuso de sustancias proveen educación estratégica desarrollando el desarrollo de tácticas necesarias para el funcionamiento en la comunidad. Nosotros iniciamos con una evaluación comprensiva tomando en cuenta sus fortalezas y necesidades individuales. Nuestro equipo de tratamiento compuesto por psiquiatras, enfermeros, terapeutas y consejeros, desarrollan un plan de tratamiento individualizado centrados en la persona el cual es formulado/basado en las necesidades específicas del individuo para asistirles a reunir sus metas de recobro.

JUVENTUD

Nuestro programa juvenil toma en cuenta las necesidades sociales y emocionales del individuo en proceso de recuperación de salud mental y uso de sustancias.

El programa implementa las aportaciones de los jóvenes y sus familias las cuales fomentan autoexploración y crecimiento personal y facilita herramientas para una temprana recuperación, tomar decisiones alternativas, herramientas de adaptación y estrategias de vida apropiadas de acuerdo a su edad.

DISCAPACIDADES INTELECTUALES Y DEL DESARROLLO

Nosotros asistimos a adultos con discapacidades intelectuales y del desarrollo con apoyos que promueven opciones personales e inclusión en la comunidad. Trabajamos para superar las actividades de la vida diaria y para mejorar la calidad de vida a través de ejercicio, educación, arte, manualidades y actividades de recreación.

Nuestro programa de apoyo de empleo trabaja con individuos para identificar herramientas estratégicas para un empleo competitivo. Apoyo familiar ofrece apoyos como de intermisión, artículos de cuidado personal y suministro de dietas especiales para individuos con Discapacidades Intelectuales y Del Desarrollo.



Sirviendo las comunidades de Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk, y Whitfield.

Para programar una cita llamar al 1-800-729-5700 si está atravesando una crisis de salud mental/conductual, por favor llama a la línea de crisis y acceso de Georgia

(GCAL) 1-800-715-4225

www.highlandrivers.org





Highland Rivers Behavioral Health

MENTAL HEALTH OUTPATIENT SERVICES



PROGRAM OVERVIEW

Our Outpatient Services for adults and youth assist individuals who may experience mental health challenges such as depression, anxiety, bipolar disorder, schizophrenia, Post-Traumatic Stress Disorder, poor impulse control, and/or thoughts of harming oneself or others. We assist those with substance use disorders through treatment, illness management education, and community supports. We begin with a comprehensive assessment of individual needs and strengths. Our treatment team of psychiatrists, nurses, therapists and counselors develop individualized, person-centered plans addressing the specific needs of individuals to assist in meeting their recovery goals. Our agency is a public safety net provider serving individuals who have little to no financial resources, and persons with state and federal benefits such as Medicaid and Medicare. For individuals who are uninsured, our services are provided on a sliding fee scale based on income.



GROUP COUNSELING & TRAINING

Individuals who choose group counseling can develop tools to achieve independent living through skills training—discussing topics like coping, social skills, empowerment, healthy living and recovery/wellness.



INDIVIDUAL & FAMILY THERAPY

Our individual therapy programs identify any barriers or ongoing concerns that hinder an individual from functioning within the role he/she has in daily life. Family therapy is used to assist individuals in problem-solving skills that impact relationships with family members. Our sessions strive to improve communication and provide conflict resolution.



CASE MANAGEMENT

We assist adults with intellectual and developmental disabilities with supports that promote personal choice and community inclusion. We work to improve individuals' activities of daily life and to enhance quality of life through exercise, education, arts and crafts, and recreational/leisure activities. Our Supported Employment program works with individuals to identify skills for competitive employment. Family Supports offers supports like respite, personal care items, and special dietary supplies for individuals with an IDD.



CRIMINAL JUSTICE SERVICES

We provide services for incarcerated and court-involved adults with a mental illness or substance-related disorders including assessment and evaluation, court interfacing, individual counseling, linkage and referral, and medication monitoring.



PEER SUPPORT

We provide services for incarcerated and court-involved adults with a mental illness or substance-related disorders including assessment and evaluation, court interfacing, individual counseling, linkage and referral, and medication monitoring.



HEALTHCARE PHARMACY

We have a number of on-site pharmacy services throughout our agency. Ask your clinician which one is nearest you.



Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

For scheduling, call
1-800-729-5700.

Intellectual/Developmental Disabilities
Host Homes also include Douglas,
Dade, and Catoosa counties.

Visit our www.highlandrivers.org for
IDD referral forms





Highland Rivers Behavioral Health

SUBSTANCE USE SERVICES



PROGRAM OVERVIEW

Our substance use treatment is based upon the American Society of Addiction Treatment (ASAM) philosophy that addiction is a treatable chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual's life experiences. Self-determination and self-direction are the foundations for recovery as individuals define their own life goals and path towards those goals. We provide a comprehensive, integrative array of person-centered substance use and mental health services (co-occurring) to adults ages 18 years of age and older. We offer best practice, abstinence-based protocols, based on an individualized service plan. Referrals for case management and medical needs are also a part of our integrated program.



WHAT WE OFFER

Individual Therapy: Provides a safe space to identify and process barriers or concerns that hinder an individual from functioning in sobriety and healthy roles.

Group Counseling (Intensive & Non-intensive): We provide individuals with a safe zone to develop skills and tools to achieve abstinence. Discussion topics include healthy coping, social skills, trauma, stress and anger management, diet and health, wellness, elimination of stereotypes, and empowerment.

Family Therapy (Intensive & Non-Intensive): Conjoint family sessions are safe places that assist individuals to process the roles and relationships with family members. We provide education to help identify the consequences of addictive behaviors including how to address legal issues, child concerns, and medical issues. We educate on family systems and assist family members to develop goals while embracing the benefits of abstinence from substance use.

Substance Use Counseling & Education (Intensive & Non-Intensive): We provide psycho-education on the neurobiological, social, environmental and genetic factors and processes that occur during addiction and promote healing from substance use and mental health challenges. We offer brain health education; design coping tools of medication assisted treatment (MAT); and offer diet, exercise, stress, and anger management skills—utilizing best practice interventions.

Sober Support-Abstinence Tools: Our program assists with linkage and referrals to community programs of support including Alcoholics and Narcotics Anonymous, Al-Anon, Al-a-Teen, Nar-Anon, Celebrate Recovery, and National Alliance on Mental Illness, (NAMI). We support our individual's choices in other secular, faith and community based programs of support.

Relapse Prevention Skills: We focus on coping skills that assist with the implementation of tools that reduce stigma and foster empowerment, with an emphasis on utilization of best practice interventions that are abstinence-based to address base causes and consequences of chemical use.

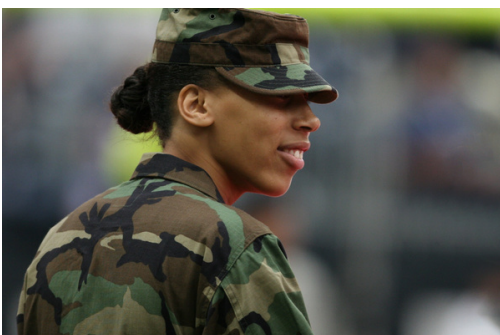
Communication Skills: In the progressive addiction phase, challenges like anger, violence, trauma, environmental, and social factors are just a few of the issues that present in ongoing addictive behavior patterns. We assist with providing a safe space for individuals to release and process concerns and self-manage negative to positive thoughts and feelings.

Stress Management Skills: Our program offers interventions to self-manage stressors using assistance of the group and in the individual sessions. We will help identify psychological and physical signs and symptoms of stress, and provide coping tools to manage barriers to sobriety to promote long-term recovery.

Anger Management Skills: The program utilizes brain education to provide information to assist individuals in program to identify signs and/or symptoms that trigger and or increase anger. We take into consideration history of chemical use, progression of substance use and duration of use and abstinence. We offer therapeutic coping tools that provide avenues in recovery to self-regulate feelings.

Medication-Assisted Treatment (MAT): We offer the oral form of Naltrexone—safe for most individuals struggling with cravings from alcohol and/or opioids. We recommend scheduling a doctor appointment to assess need and protocols of care.

Criminal Justice Services: We offer services for incarcerated and court-involved adults with substance related and mental health disorders. We complete assessment and evaluation, court interfacing, individual and group therapy linkage and referrals, and medication monitoring.



Serving Bartow, Cherokee, Cobb,
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For crisis call
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Highland Rivers Behavioral Health

CRISIS SERVICES



PROGRAM OVERVIEW

We understand that people in crisis need immediate assistance. Our Crisis Stabilization Units (CSUs) located in Cobb, Floyd, Polk, and Whitfield counties serve a 17-county area 24 hours a day, seven days a week and offer support to individuals who need immediate assessment and care. CSU services provide psychiatric stabilization and detoxification for adults age 18 and over on a short-term basis as emergency receiving and evaluation facilities. Individuals seeking mental health or substance use services may walk into our CSUs and receive an initial assessment, regardless of your ability to pay.



This service is available for individuals who are in crisis, urgent, or routine need who walk-in on their own, are brought in by family or friends, or are under the custody of law enforcement. Our CSUs are not medical hospitals but rather a place where individuals receive diagnostic evaluation by a treatment team of compassionate experts including a physician, a registered nurse, and a case manager. If the evaluation finds treatment is needed, an individual can be admitted to the CSU on a voluntary or involuntary basis.



THE INITIAL ASSESSMENT & AFTER

The initial assessment provides us with information in order to better determine the level of care and service that is needed. Our goal is to reduce or resolve the crisis and/or provide a higher level of care. After assessment, if an individual is in need of a higher level of care and cannot be released to go back to his or her living environment, we can voluntarily or involuntarily admit him or her into the CSU. Individuals typically stay in a crisis unit for about one week. Our Plan of Care is comprehensive and involves the individual in need of care, the clinical staff, and a pathway to recovery through our outpatient and other services once the crisis has subsided.



WHO WE ARE

We are a public safety net provider serving individuals who have little to no financial resources, as well as veterans and persons with State and Federal benefits such as Medicaid and Medicare. For individuals who are uninsured, our services are provided on a sliding fee scale based on income. No one is denied services due to inability to pay, and we will work with you on a payment plan to best meet your needs and circumstances.

Serving Bartow, Cherokee, Cobb,
Fannin, Floyd, Gilmer, Gordon, Haralson,
Murray, Paulding, Pickens, Polk and
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OPEN 24 HOURS A DAY / 7 DAYS A WEEK

Behavioral Health Crisis Center at Cobb
1758 County Services Parkway
Marietta, GA 30008

Crisis Stabilization Unit at Floyd
1 Woodbine Ave.
Rome, GA 30165

Crisis Stabilization Unit at Polk
180 Water Oak Drive
Cedartown, GA 30125

Crisis Stabilization Unit at Whitfield
900 Shugart Road
Dalton, Georgia 30720



Highland Rivers Behavioral Health

INTELLECTUAL & DEVELOPMENTAL DISABILITIES SERVICES



PROGRAM OVERVIEW

We work with individuals with Intellectual and Developmental Disabilities (IDD) to support increasing their community presence and participation, valued social roles and contribution of choice in decisions over their life goals. Our programs focus on community activities that individuals enjoy: helping them discover common interests with others.

Community participation helps develop relationships with natural supports and promotes discovering the individual's unique gifts, strengths, skills, and talents. We are a Medicaid enrolled provider of the Comprehensive (COMP) and New Options Waivers (NOW) that deliver a continuum of care array of services to support individuals with IDD in their communities of choice. We are a contracted provider with the Georgia Department of Behavioral Health & Developmental Disabilities (DBHDD) to provide additional IDD services to individuals who are not enrolled in a Medicaid Waiver.



COMMUNITY RESIDENTIAL ALTERNATIVE SUPPORTS

Our residential services are for individuals who require formal supports 24 hours a day/7 days per week. Our residential homes are staffed to provide a range of supports and training for daily living skills. These services occur in certified Host Homes.



COMMUNITY ACCESS SERVICES

Our Community Access Services are individually planned to meet the person's needs and preferences for active community participation. This service may be provided in group activities or individually one-on-one. The services are designed to be teaching and coaching in nature and assist in acquiring, retaining, or improving socialization and networking, independent use of community resources, and adaptive skills required for active community participation outside of the individual's place of residence.



FAMILY SUPPORT

Family Support is a state-funded resource serving individuals 3 years old and up with IDD who are not enrolled in the NOW or COMP waiver. This program arranges disability-specific services related to each individual and family's unique needs. It's based on the value that families belong together, and individuals are best served in the community setting. These supports meet every day needs that are often critical in avoiding family crises.

Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

For scheduling, call
1-800-729-5700.

Intellectual/Developmental Disabilities
Host Homes also include Douglas,
Dade, and Catoosa counties.

Visit our www.highlandrivers.org for
IDD referral forms



Veterans Services



WE SALUTE YOUR SERVICE

If you have served in the United States armed forces, you may have had unique and sometimes unimaginable experiences that result in a need for behavioral healthcare services. Highland Rivers Behavioral Health provides mental health and substance use recovery services tailored specifically to the unique needs and experiences of veterans.

WHAT WE OFFER

Highland Rivers Behavioral Health services for veterans include:

- Crisis intervention and stabilization
- Psychiatric and health assessment
- Outpatient, group and/or peer counseling for PTSD, prolonged exposure, military sexual trauma (MST) and couples therapy
- Outpatient and residential substance use recovery
- Assertive Community Treatment
- Intensive Case Management
- Community Support Services
- Home for Recovery and other housing assistance
- Supported Employment
- Linkage and referral to community resources
- Referral to services for family members

YOUR FIRST APPOINTMENT

When you call us for the first time, a member of our team will take your basic information and arrange a time for you to come in. Highland Rivers designs an individual treatment program for every veteran. In order to develop the best treatment plan for you, your initial appointments will focus on assessing your needs, strengths and goals for recovery. Then you will be scheduled for regular visits with a therapist and/or for other services depending on your needs and preferences.

To schedule an appointment, call Highland Rivers Behavioral Health toll-free at: (800) 729-5700 (Note this is a non-emergency contact; calls received after-hours will be returned the next business day.)

If you need crisis services after hours or on weekends and are not yet enrolled in Highland Rivers Behavioral Health services, call the Georgia Crisis and Access Line: (800) 715-4225.



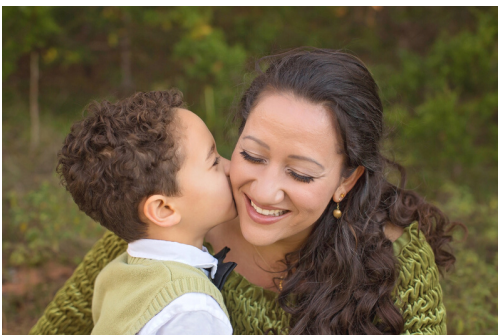
Through Highland Rivers Behavioral Health, veterans have expedient access to clinical treatment services, crisis intervention and stabilization, residential treatment programs, clinical treatments groups, and family counseling.

The Highland Rivers Foundation is working towards building a free-standing "Green Zone" that will offer non-clinical support and peer services as well as expanded clinical services for veterans. To make a tax-deductible donation to the Green Zone initiative, contact Sherry McGee, Foundation Relations Officer, (706) 590-9238; sherrymcgee@highlandrivers.org.



Highland Rivers Behavioral Health

PROGRAMS FOR MOTHERS, EXPECTANT MOTHERS AND WOMEN WITH SUBSTANCE USE CHALLENGES



PROGRAM OVERVIEW

Highland Rivers Behavioral Health has two residential treatment and recovery programs for women with substance use disorders: our Mothers Making a Change program in Cobb County and our Women's Outreach program in Floyd County. Priority is given to pregnant women, but services are also for postpartum women and/or those working on reunification with children, as well as women without children. These programs offer hope, love, and assistance for women in recovery by removing substance use as a barrier to employment and living in the community. Services support women in achieving abstinence, maintaining recovery, avoiding illegal activity and meeting parenting responsibilities. The program also provides supports to help women obtain employment and transition into safe and stable housing. Children 13 or younger are allowed to stay with their mothers while they are in residential treatment, and therapeutic child care is available to them.

Highland Rivers Behavioral Health is a public safety net provider serving individuals who have little to no financial resources, as well as veterans and persons with state and federal benefits such as Medicaid and Medicare. For individuals who are uninsured, our services are provided on a sliding fee scale based on income. No one is denied services due to inability to pay, and we will work with you on a payment plan to best meet your needs and circumstances.



WHAT WE OFFER

Our women's programs are highly structured, gender-specific, and trauma responsive. We offer intensive services to pregnant women and women who have substance use disorders. (Priority admission is given to pregnant females and IV users). We also provide outpatient and residential treatment and accommodations for individuals in Medication Assisted Treatment (MAT). Individuals are empowered to maintain their recovery, resolve legal obligations, obtain and maintain employment, and meet parental responsibilities.

We make referrals for safe, affordable housing and work with the Department of Family & Children Services (DFCS) and the courts to safely transition children back into the care of their mothers, as appropriate. Here are a few of our services:

- Individual counseling
- Group training/counseling
- Couples/family sessions
- Case management
- Family education
- Random urinalysis drug screens
- Evidence-based practices
- Matrix model curriculum
- Healthcare literacy
- Life skills groups
- Psychiatric services
- HIV/AIDS/HEP C testing & education
- Accommodations for medication assisted treatment



THERAPEUTIC CHILD CARE (TCC)

Therapeutic Child Care provides services only to the children of women with substance use disorders who participate in our women's residential treatment program. This nurturing environment for children ages birth through five years offers a healing atmosphere for children to cope with traumatic issues that may surface.



JOB READINESS

We teach strategies for resume development, interviewing, job searches, obtaining and maintaining employment, and conducting individual self-assessments. We offer basic computer skills courses, customer-relations training, and conflict resolution training.

Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

For Mothers, Expectant Mothers and Women's programs contact:

Cobb: 678-793-8849
Floyd: 706-291-7201

To visit our website, scan the QR code or go to www.highlandrivers.org





PROGRAMS FOR YOUTH & EMERGING ADULTS



PROGRAM OVERVIEW

Highland Rivers Behavioral Health offers mental health and substance use services for youth, their families and emerging adults. We provide assessment and therapy for youth and families at our outpatient services and offer programs that address behavioral health challenges. For youth in need of 24-hour substance use care, we offer residential services facilitated by a team of experts. Our agency is a public safety net provider serving individuals who have little to no financial resources, and persons with State and Federal benefits such as Medicaid and Medicare. For individuals who are uninsured, our services are provided on a sliding fee scale based on income.

OUTPATIENT SERVICES

Our outpatient mental healthcare services include one-to-one counseling to help youth and emerging adults recover from mental health challenges such as depression, anxiety and mood disorders, as well as grief, trauma, and more complex problems such as schizophrenia and other psychotic disorders. Family members can be included at the individual's request, and family involvement is encouraged to enhance improvement in family functioning and assist in maintaining recovery goals and objectives.

APEX SCHOOL-BASED MENTAL HEALTH

The Georgia APEX Project provides school-based mental health services to referred students in participating schools grades K-12. Students can experience traumatic events during their childhood that lead to anxiety, depression, grief, self-injurious behavior, substance use, and/or suicidal thoughts. Some students show difficulty adjusting to a new school or the learning environment. The APEX staff work closely with school staff to identify the needs of students and link them with appropriate services. Some of the services provided within the school setting include assessment, diagnostic evaluation, individual, family, and group therapy and case management/community support.

MENTAL HEALTH CLUBHOUSES

We offer two youth mental health clubhouses: ROC (Reaching Our Community) in Bartow County and Bright Changes Clubhouse in Cobb County. We provide a safe environment during the after-school hours and during summer where kids can engage in social activities and community engagement. Club members receive case management, therapeutic services, age-appropriate life skills, homework support, career exposure, and hobbies.

SUBSTANCE USE RECOVERY CLUBHOUSES

Our substance use recovery clubhouses (T.E.A.M.- Together Everyone Achieves More in Cobb County and Choices Clubhouse in Floyd County) are where youth ages 13-17 can learn recovery and coping skills in an effort to prevent the continued use of psychoactive substances. Our services include social activities, educational and employment support services, community engagement, peer and family support, and relapse prevention services.

SUBSTANCE USE RECOVERY RESIDENTIAL

The George W. Hartmann Center is a co-ed, substance use disorder recovery residence for youth ages 13-17. We provide 24-hour supervised living and recovery services in a therapeutic environment and an accredited educational curriculum.



Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

For scheduling, call
1-800-729-5700.



For crisis call
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(GCAL) 1-800-715-4225.



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Highland Rivers
Behavioral Health

SYSTEM OF CARE/FAMILY SUPPORT FUNDS
Fact Sheet



PROGRAM OVERVIEW

The Georgia System of Care Enhancement and Expansion (SOC-EE) program provides funding support for Tier 1 providers like Highland Rivers Behavioral Health and community organizations to provide direct services and supports; supplement expansion of youth and family voice; provide training on system of care-related topics; and work collaboratively with other agencies, organizations and community providers to support SOC efforts statewide. The program is supported and administered by the Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD), Office of Children, Young Adults & Families (OCYF). Services and supports provided for youth age (4 years old) through age 26.



SYSTEM OF CARE (SOC) DEFINED

System of Care is an organizational framework for how a behavioral health services and supports delivery system should perform. A system of care is a spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families organized into a coordinated network. SOC builds meaningful partnerships with families and youth and addresses their cultural and linguistic needs in order to help them function better at home, in school, in the community, and throughout life.



GEORGIA SYSTEM OF CARE GOALS

The State of Georgia's SOC goals are to improve outcomes for children, young adults, and families who are managing serious mental health challenges and/or substance use concerns by focusing on social determinants such as education, employment, social connectedness, accessing behavioral health services, resiliency, and vocational/independence development.

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Highland Rivers Behavioral Health

SYSTEM OF CARE/FAMILY SUPPORT FUNDS Fact Sheet



SYSTEM OF CARE



WHO CAN REFER?

Anyone internally within Highland Rivers Behavioral Health or external community partners can make referrals for SOC funding supports; all external referrals are reviewed on a case by case basis.



REFERRAL CRITERIA

- Population served are children, young adults up to the age of 26 and their respective families
- Request must align with individual goals and the intent for funding request should be to improve treatment outcomes
- Amount of referral cannot exceed \$400 without approval directly from DBHDD
- SOC coordinator will review all request and will give approval or denial within a 72 HR period
- Services are for a max of 90 days after which the family will take over payments for the service provided
- If parent cannot resume payments after 90 days has elapsed, the family may not be a good fit for these supports



HOW REFERRALS ARE MADE

- Internal referrals are made by submitting a request through Carelogic indicating the reasoning for funding request and amount being requested
- Once requests are submitted, they are reviewed by the SOC Coordinator for approval. Request will be approved or denied within 72 hours of submission
- Once request has been approved, SOC Coordinator will provide instructions to referring person on what the recipient needs to do to redeem service.



EXAMPLES OF TYPES OF SUPPORT

- Karate
- Summer Camps
- Culinary class
- Music Class
- Equine Therapy
- Music Class
- Fees for Drivers License
- Vehicle Repair
- Grocery Assistance
- RENT ASSISTANCE

These are examples of previous approvals and are not all inclusive

PLEASE AVOID PROMISING SERVICES AS THEY ARE NOT GUARANTEED



Highland Rivers Behavioral Health

APEX SCHOOL-BASED PROGRAMS



PROGRAM OVERVIEW

Students can experience traumatic events during their childhood that lead to anxiety, depression, grief, self-injurious behavior, substance use, and/or suicidal thoughts. Some students show difficulty adjusting to a new school or the learning environment. Mental health challenges are common among youth, and the first signs of mental or emotional problems often can appear at school. Children and adolescents with unmet mental health needs can struggle academically, sometimes missing school, receiving lower grades, and often dropping out altogether.

The Georgia APEX Project provides school-based mental health services to referred students in participating schools grades K-12. The APEX staff work closely with school staff to identify the needs of students and link them with appropriate services. Some of the services provided within the school setting include assessment, diagnostic evaluation, individual, family and group therapy, and case management/community support.



SCHOOL-BASED PARTNERSHIPS

APEX staff work closely with school staff to identify the needs of students and link them with appropriate services. This school collaboration provides families with streamlined access to mental health services and serves to help improve academics, behavior, school attendance, and ultimately, graduation rates.

Parents and school staff can make referrals to the school's counselor or social worker, who then refer the student to the APEX therapist. There is an online referral form completed by the counselor/social worker and emailed to the therapist. Upon receipt of the referral form, the therapist would initiate contact with the family within one day.



YOUTH-CENTERED MENTAL HEALTH SERVICES

APEX services are youth centered and family focused with an emphasis on accessible and individualized treatment for young people and their families. Services may include the following:

- Behavioral Health Assessment
- Psychiatric & Nursing Assessment
- Individual and Family Counseling
- Community Support Services
- Medication Management
- Referral Linkage
- Resource Coordination



HOW IT WORKS

Through the Georgia APEX Project, Highland Rivers Behavioral Health provides mental health professionals onsite at elementary, middle, or high schools (check with your local school district to see if APEX is in your school). In partnership with school staff, Highland Rivers' therapists will assess and identify a student's mental health needs and determine how best to meet his or her individual needs. Appointments can be scheduled during the school day, before or after school, or at home, if desired. Services provided in school are during non-core academic time, and all efforts are made to support academic goals.

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Highland Rivers Behavioral Health

SUBSTANCE USE RESIDENTAL RECOVERY FOR YOUTH
At the George W. Hartmann Center



PROGRAM OVERVIEW

Highland Rivers Behavioral Health offers hope to teens with substance use disorder at its long-term substance use recovery program, the George W. Hartmann Center. Located in Marietta, GA, the Hartmann Center is a structured, trauma informed ASAM (American Society of Addiction Medicine) Level 3.5 program for adolescents, ages 13 -17 that provides 24-hour, supervised, planned living and recovery services in a therapeutic environment. We offer comprehensive assessments, individualized treatment planning, substance use recovery groups, individual/family counseling, life -skills group, recreational activities, psychiatric and nursing services, and an accredited educational curriculum.



Highland Rivers Behavioral Health is a public safety net provider serving individuals who have little to no financial resources, and persons with state and federal benefits such as Medicaid and Medicare. The Hartmann Center accepts referrals from various sources including the Department of Juvenile Justice, DFCS, individuals and families, and other treatment providers.



CLINICAL SERVICES

The Hartmann Center provides treatment and support to adolescents through a highly structured therapeutic community. The program is designed to address substance use, underlying emotional/traumatic issues and other needs/deficits within the whole person.



This comprehensive approach utilizes a continuum of services and therapeutic learning interventions designed to promote healthy social functioning. Opportunities are provided for individuals to participate in group therapy, individual therapy, multi-family education, family counseling, chemical dependency education, cultural social recreational and spiritual activities. The recovery program is based on the Matrix (evidence-based) and also utilizes a cognitive behavioral approach to therapy. Group therapy is provided Monday - Friday from 1:00 p.m. to 4:00 p.m.

The Hartmann Center believes that addiction is a family disease; therefore, the whole family should be educated. Multi-family education is offered three times a month to help families understand the cycle of addiction and teach methods to manage and support their youth through the recovery process.



EDUCATION VIA MARIETTA CITY SCHOOLS

All individuals are offered an on-site educational opportunity while residing at the Hartmann Center. This is facilitated by highly qualified educators from Marietta City Schools through the academic online program Edgenuity. Through our educational component, students have the opportunity to accrue and/or recover high school credit.

When there is a disruption in the education program day, students are allowed to make-up time before school begins and/or following therapeutic groups. Education is an important component of the George W. Hartmann Center's program; therefore, all students are to actively participate and put forth their best efforts.

Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

For the George W. Hartmann Center program information and referrals, call 770.971.7801.

To visit our website, scan the QR code or go to www.highlandrivers.org





FY2023 ANNUAL REPORT

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Dalton, Ga 30120
(706) 270-5000
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