



# Highland Rivers Behavioral Health

## PROGRAMS & SERVICES OVERVIEW



### WHO WE ARE

We are a behavioral healthcare agency offering services for adults, youth, and families with mental health and addictive disease challenges as well as adults with intellectual/developmental disabilities. We are a public safety net provider serving individuals who have little to no financial resources, as well as veterans and persons with state and federal benefits such as Medicaid and Medicare. For individuals who are uninsured, our services are provided on a sliding fee scale based on income.

No one is denied services due to inability to pay, and we will work with you on a payment plan to best meet your needs and circumstances.

### BEHAVIORAL HEALTH

We provide services to adults and youth experiencing mental health issues such as depression, anxiety, bipolar disorder, schizophrenia, Post-Traumatic Stress Disorder, behavioral issues, poor impulse control and thoughts of harming themselves or others. Our substance use services provide treatment and illness management education—supporting the development of skills necessary to function in the community.

We begin with a comprehensive assessment of individual needs and strengths. Our treatment team of psychiatrists, nurses, therapists and counselors develop individualized, person-centered plans addressing the specific needs of individuals to assist them in meeting their recovery goals.

### CRISIS SERVICES

We have four crisis stabilization units (CSUs) in Cobb, Floyd, Polk, and Whitfield counties that operate 24 hours a day, seven days a week as emergency receiving and evaluation facilities for adults age 18 and over. Our CSUs offer support to individuals who need immediate assessment and/or a temporary, monitored stay—providing the opportunity for detox and behavioral stabilization. Our goal is to assure individuals receive the services needed in times of crisis, to link them to important ongoing services, and to develop a person-centered plan to prevent crises in the future.

### YOUTH

Our youth programs address the social and emotional needs of individuals in mental health and substance use recovery. Youth-guided and family-driven programs encourage self-exploration and growth and teach early recovery skills, alternative decision making, coping skills, and age-appropriate life skills.

### INTELLECTUAL & DEVELOPMENTAL DISABILITIES

We assist adults with intellectual and developmental disabilities with supports that promote personal choice and community inclusion. We work to improve individuals' activities of daily life and to enhance quality of life through exercise, education, arts and crafts, and recreational/leisure activities.

Our Supported Employment program works with individuals to identify skills for competitive employment. Family Supports offers supports like respite, personal care items, and special dietary supplies for individuals with an IDD.



Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

For scheduling, call  
1-800-729-5700.

For crisis call  
Georgia Crisis and Access Line  
(GCAL) 1-800-715-4225.

To visit our website, scan the QR code  
or go to [www.highlandrivers.org](http://www.highlandrivers.org)

