

BRIGHT CHANGES CLUBHOUSE



About Us

Highland Rivers Behavioral Health (HRBH) is the public safety net for those who face behavioral health challenges. We provide effective, innovative care and appropriate resources, including individual therapy, family therapy, case management, group therapy and medication management.



This is a CARF-Accredited Program

The Bright Changes Clubhouse a fun, engaging program for school-aged children, youth and emerging adults. At the Clubhouse, we address the social and emotional needs of youth as part of combined programmatic and clinical services.

In addition to **fun activities like games and field trips**, Clubhouse members receive therapeutic services, case management, age-appropriate life skills, and homework support. The program is operated through Highland Rivers Behavioral Health.

MENTAL WELLNESS

- Mental Wellness
- Behavior Health Assessments
- Individual Therapy
- Family Therapy
- Parenting Skills Training
- Group Therapy
- Recreational Therapy

CASE MANAGEMENT

- Community Support-Referral Linkage
- Skills Training Groups (Self-Esteem, Coping Skills, Life Skills)
- College/Technical Schools Assistance
- Career Planning & Support
- Independent Living Skills and Training

OPPORTUNITIES

- Mentoring
- Peer Support
- Self-Expression/Arts & Crafts
- Cooking/Nutrition
- Family Engagement Activities
- Awareness Events

JOIN THE CLUB!

CONTACT:
Raymond Harrison, MA, LPC, NCC
Program Manager
678-267-9391
raymondharrison@highlandrivers.org

**SCAN FOR
REFERRAL FORM:**



LOCATED AT:
3830 South Cobb Dr., Ste. 200-B
Smyrna, GA 30080

Transportation options available