



Highland Rivers Behavioral Health

PROGRAMS FOR MOTHERS, EXPECTANT MOTHERS AND WOMEN WITH SUBSTANCE USE CHALLENGES



PROGRAM OVERVIEW

Highland Rivers Behavioral Health has two residential treatment and recovery programs for women with substance use disorders: our Mothers Making a Change program in Cobb County and our Women's Outreach program in Floyd County. Priority is given to pregnant women, but services are also for postpartum women and/or those working on reunification with children, as well as women without children. These programs offer hope, love, and assistance for women in recovery by removing substance use as a barrier to employment and living in the community. Services support women in achieving abstinence, maintaining recovery, avoiding illegal activity and meeting parenting responsibilities. The program also provides supports to help women obtain employment and transition into safe and stable housing. Children 13 or younger are allowed to stay with their mothers while they are in residential treatment, and therapeutic child care is available to them.

Highland Rivers Behavioral Health is a public safety net provider serving individuals who have little to no financial resources, as well as veterans and persons with state and federal benefits such as Medicaid and Medicare. For individuals who are uninsured, our services are provided on a sliding fee scale based on income. No one is denied services due to inability to pay, and we will work with you on a payment plan to best meet your needs and circumstances.



WHAT WE OFFER

Our women's programs are highly structured, gender-specific, and trauma responsive. We offer intensive services to pregnant women and women who have substance use disorders. (Priority admission is given to pregnant females and IV users). We also provide outpatient and residential treatment and accommodations for individuals in Medication Assisted Treatment (MAT). Individuals are empowered to maintain their recovery, resolve legal obligations, obtain and maintain employment, and meet parental responsibilities.

We make referrals for safe, affordable housing and work with the Department of Family & Children Services (DFCS) and the courts to safely transition children back into the care of their mothers, as appropriate. Here are a few of our services:

- Individual counseling
- Group training/counseling
- Couples/family sessions
- Case management
- Family education
- Random urinalysis drug screens
- Evidence-based practices
- Matrix model curriculum
- Healthcare literacy
- Life skills groups
- Psychiatric services
- HIV/AIDS/HEP C testing & education
- Accommodations for medication assisted treatment



THERAPEUTIC CHILD CARE (TCC)

Therapeutic Child Care provides services only to the children of women with substance use disorders who participate in our women's residential treatment program. This nurturing environment for children ages birth through five years offers a healing atmosphere for children to cope with traumatic issues that may surface.



JOB READINESS

We teach strategies for resume development, interviewing, job searches, obtaining and maintaining employment, and conducting individual self-assessments. We offer basic computer skills courses, customer-relations training, and conflict resolution training.

Serving Bartow, Cherokee, Cobb, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk and Whitfield counties.

For Mothers, Expectant Mothers and Women's programs contact:

Cobb: 678-793-7205
Floyd: 706-291-7201



To visit our website, scan the QR code or go to www.highlandrivers.org